



Drop - In Yoga



7:30 PM

Mondays: Oct 26th, November 2nd, 9th, 16th, 23rd and 30th

**Wednesdays: Oct 28th, November 4th, 11th, 18th and
December 2nd**

Thursdays: Oct 29th, November 5th, 12th, 19th

Space is limited. Mats are provided!

In order to participate in the drop-in yoga class you must complete the Titan Fit Zone Registration Form!



SIGN UP @ TITAN FIT ZONE

3-1154 FOR MORE INFO
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