



We Want Great Things for You

## MASTER OF ARTS IN ADDICTIONS COUNSELING

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*In addition to full-time faculty, we employ several Ph.D.- level adjunct faculty in various areas of specialization.*

### Introduction to the Counseling Profession

The counseling profession is designed to assist individuals in effectively managing the many challenges of living through self-exploration and increased self-awareness. The counseling profession is one that begins at the graduate level with many counseling students possessing undergraduate degrees in related social sciences (i.e., psychology, social work). Rooted in counseling theory and research, professional counselors are trained in the development of counseling skills while engaging in personal growth experiences. While the classroom serves as one form of training ground, clinic experiences and field placements sufficiently augment the counselor-in-training with adequate preparation to enter the field. The principles of service, social justice, and cultural competence provide the

ideological foundations for the Counseling programs at UDM. It is as a result of this rigorous training that professional counselors are equipped to effectively work with individuals towards positive change in every aspect of living.

### Counseling Program Standards & Accreditation Status

The Counseling programs at the University of Detroit Mercy are CACREP-accredited and seek to prepare individuals for a successful and rewarding career in the field of counseling. This nationally recognized program provides students with a state of the art academic and training program at one of Michigan's premier institutions of higher education.

### Admission Requirements

The requirements for admission to the counseling programs include the following:

An undergraduate overall GPA of 2.75 or higher or a GPA of 3.0 or higher in the second half of the undergraduate degree program or a graduate GPA of 3.0 on a previously completed graduate degree, a minimum of 15 hours in the behavioral sciences (psychology, sociology, anthropology), one course of which must be statistics, an autobiographical statement explaining your interests in the counseling profession, a writing exam, three letters of recommendation from individuals able to speak to your potential in the counseling field and an interview with the faculty.

### Master of Arts in Counseling Programs

The counseling program at the University of Detroit Mercy combines practical, theoretical, traditional, and experiential learning in the education of professional counselors. This program offers students the opportunity to grow personally as well as professionally. The atmosphere at UDM fosters positive communication between faculty and students allowing each person the opportunity to develop as an active learner in a quest to develop a personal learning and counseling style. Course scheduling and faculty advising is tailored to meet the needs of working professionals, therefore, courses are offered during evening hours.

The department offers programs to students looking to gain the necessary education and skills to function as a professional counselor in various settings. Three tracks are offered in the department: Addictions Counseling, Community Counseling, and School Counseling. Each program meets State of Michigan license requirements for the licensed professional counselor (LLPC). For individuals not interested in pursuing a

Master’s degree, the program offers two options for endorsement and certification: the School Counselor Endorsement and the Graduate Certificate in Addiction Studies. *If you would like information about Community or School Counseling program options, please contact Graduate Admissions for an information packet.*

## Addictions Counseling – Master of Arts (MA) & Licensure as a Professional Counselor (LLPC)

The program offers specialized training in the areas of chemical dependency and addiction studies. With the Community Counseling program as a base, additional coursework is completed to fulfill requirements for competence in chemical dependency and requirements for working with addictions in a variety of settings, such as private and public rehabilitation centers, among others.

Individuals are eligible for both professional licensure as a counselor within the state of Michigan and certification as an addictions counselor (CAC) within the state of Michigan. The 48 credit hour program generally requires 2-3 years to complete.

### Curriculum

#### Master of Arts in Addictions Counseling - LPC

Level I	Level II	Level III	Level IV
CNS 5000	CNS 5390	CNS 5430	CNS 5850 (
CNS 5020	CNS 5400 (	CNS 5600	CNS 5910
CNS 5120	ADS 5110	ADS 5120	CNS 6040
CNS 5320			
CNS 5350			
CNS 5380			
ADS 5090			
			48 credits

### Course Descriptions

Key: CNS=Counseling

*Course descriptions are laid out in the following manner: Course number, title, prerequisites and course description. Each course listed is 3 credit hours.*

#### CNS 5000 Research Methods in Counseling

This course provides the foundation for preparation of the Master’s thesis in Counseling. Historic and current research methods in counseling are examined and literature reviews are conducted. Students will demonstrate a working knowledge of

the methodology of research in counseling including selection of research methods, analysis and interpretation of data, and formulation of conclusions and generalizations. Students will complete a comprehensive literature review comprising the initial work towards the Thesis.

#### CNS 5020 Counseling and Human Development

This course focuses on an in-depth study of developmental processes and learning principles throughout the lifespan. Theory and research relevant to social, emotional, intellectual and physical development are examined.

#### CNS 5120 Introduction to Counseling Theories & Process

This course presents a comprehensive study and application of the basic theories of counseling. Self-exploration and personal assessment are promoted through individual experiential and group learning activities.

#### CNS 5320 Counseling Special Populations

Issues surrounding counseling clients from various cultural groups including the disabled, ethnic minorities, the aged, gay/lesbian/transgendered, racial minorities are explored. Current theory in multicultural counseling theory and practical approaches are examined while various awareness raising experiences are utilized to further promote cultural awareness, sensitivity and competence.

#### CNS 5350 Guidance Principles and Practice

An historical overview of the professional role and duties of the counselor is examined. Various professional trends, philosophies, and ethical issues are discussed as well as the function of the counselor in a multifaceted institution.

#### CNS 5380 Vocational Development & Career Assessment

An historical and theoretical overview of vocational and career development. Sources of educational and occupational information are discussed. Students are exposed to various career testing and evaluation instruments and their appropriate use in a career case assessment.

#### CNS 5390 Counseling Skills

Course is designed around an in-depth study of counseling skills and counselor behaviors. Classroom exercises including role plays, application of techniques and examination of process issues that occur within the context of counseling complement learning.

#### CNS 5400 Testing and Evaluation

An overview of testing and measurement in counseling and education. The psychometric theories of intelligence, achievement and personality are explored and students master basic test administration procedures.

#### CNS 5430 Group Methods

Course focuses on the theory and practice of group counseling with particular emphasis upon addictive and dually-diagnosed

populations. The class functions as a practice lab to promote experiential learning.

### **CNS 5600 Case Problems in Counseling**

This course provides students an opportunity to conduct a comprehensive assessment, utilizing the mental status exam and apply counseling theory to an in-depth case analysis. Students will become familiar with the DSM – IV – TR as well as ethical issues associated with assessment and diagnosis. A presentation of case information is conducted with special emphasis on assessment and its relationship to treatment planning.

### **CNS 5850 Counseling Practicum**

Course is comprised of the application of basic counseling skills in a laboratory setting. Students complete 100 hours of applied counseling with individuals and groups while under direct supervision by a clinical supervisor and a faculty member. Case conceptualization is utilized to present cases while faculty and peers assess skill application.

### **CNS 5910 Research Seminar in Counseling**

This course provides an opportunity for the student to engage in a specific research project of her/his choosing that results in the completion of a master's research paper or formal thesis.

### **CNS 6040 Internship in Counseling**

*Prerequisites: Completion of minimum of 39 hrs.*

The internship is the culmination of the program as the student has the opportunity to practice prior to program completion, under supervision, that particular aspect of his/her field that relates to chemical dependence. The internship is comprised of a total of 300-600 hours depending on program.

### **ADS 5090 Drugs and Behavior**

The effects of psychoactive substances on various behaviors are explored. Historical patterns of drug use, the psychosocial context of abuse, and individual responses to alcohol and other drugs are discussed.

### **ADS 5110 Theories of Addiction**

This advanced course in theories of addiction presumes a basic understanding of the effects of various types of drug abuse and addiction. The course includes a reflective exploration of the personal and social meaning of chemical dependence and a critical appraisal of existing theories developed to explain addiction.

### **ADS 5120 Recovery Processes**

This course focuses on the process of recovery from chemical dependence with particular emphasis on treatment methods, community resources, roles of professionals, and the needs of special populations.

## **Admission Deadlines**

<b>Admission Term:</b>	<b>Due Date:</b>
Fall	June 15
Winter	October 15
Summer	March 1

*All application documents must be received by the college by the due date listed to be eligible for admission.*

**If you have questions regarding the application process, please contact:** Jodi Abatemarco, Graduate Admissions Counselor, at (313) 993-3289 or [abatemjm@udmercy.edu](mailto:abatemjm@udmercy.edu)

Steven Coddington, International Admissions Counselor, at (313) 993-1207 or [coddinism@udmercy.edu](mailto:coddinism@udmercy.edu)

**If you have questions regarding the Addictions Counseling Program at UDM, please contact:** Dr. Nancy Calley at (313) 578-0436 or [calleyng@udmercy.edu](mailto:calleyng@udmercy.edu)

**If you have questions regarding other Counseling Programs in the Department, please contact:**

Community Counseling: Dr. Nancy Calley at (313) 578-0436 or [calleyng@udmercy.edu](mailto:calleyng@udmercy.edu)

School Counseling: Professor Jocelyn Bennett-Garraway at (313) 993-1227 or [begarrjm@udmercy.edu](mailto:begarrjm@udmercy.edu)

**If you have questions regarding the Post-Graduate Certificate in Addiction Studies, please contact:**

Addiction Studies Certificate: Dr. Daniel Duryea at (313) 578-0413 or [duryeadg@udmercy.edu](mailto:duryeadg@udmercy.edu)

**Michigan educators may be eligible for 60 percent tuition remission.**

# University of Detroit Mercy Graduate Programs in Counseling

## Admission Recommendation

Name of Applicant \_\_\_\_\_ Social Security Number \_\_\_\_\_

**Applicant:** This form is to be given to three people who are able to comment on your qualifications for graduate study. They may be professors, employers, or supervisors.

My preference regarding confidentiality of this recommendation is as follows:

\_\_\_\_\_ I wish to have access to this letter of recommendation; it will not be confidential and will be incorporated into my application for graduate study.

\_\_\_\_\_ I waive my right of access to this letter of recommendation and request it be incorporated as confidential material into my application for graduate study.

\_\_\_\_\_  
(Signature)

\_\_\_\_\_  
(Date)

**Note to Recommender:** The person named above is applying for admission to the graduate program indicated and has requested that your evaluation be included as part of the information in which the faculty will base its decision. Under THE FAMILY EDUCATIONAL RIGHTS AND PRIVACY ACT of 1974, this applicant (if admitted and enrolled) will have access to the information provided unless the statement above has waived the right to such access.

Please indicate how long and how well you have known the applicant, and tell what you can of the person's aptitude, emotional adjustment, oral/written expression, personal appearance, and potential for success. Accordingly, our students must exhibit a high level of emotional and social maturity. If you are aware of any weakness in this applicant's social or emotional adjustment that might hamper his/her function within this field, specify this below. Please feel free to use both sides of this form, or an extra sheet, if necessary.

Name \_\_\_\_\_

Title \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Return recommendation to:**

**University of Detroit Mercy  
Admissions Office  
4001 West McNichols Rd.  
FAC 100  
Detroit, MI 48221-3038**

**Please photocopy this sheet for additional recommendations.**

