WELLNESS CENTER

Signs of Alcohol Poisoning

The person may:

- Be unconscious and cannot be awakened
- Have cold, clammy, unusually pale or bluish skin
- Be breathing slowly or irregularly:
  - less than eight times a minute
  - or ten seconds or more between any two breaths
- Vomit, while passed out and does not wake up during or after

How can I help?

- If you suspect alcohol poisoning, call 911 and contact Public Safety at (313) 993-1123
- Do not leave the person alone
- Turn him or her on their side
- Watch their breathing
- If you know CPR, perform as needed

“Stand by your decision!”
“Always look out for your friends.”

If you would like to consider Personal Counseling please contact:

Annamaria Silveri, PhD (313) 993-1459
Rachel Bennett, LMSW (313) 993-1170

If you would like to make an appointment with the Health Clinic please contact:

Olga Parfenov, FNP-BC (313) 993-1185

In case of Emergency contact:
UDM Public Safety (313) 993-1123 or 911
or
Henry Ford Hospital Emergency Room – 2799 W. Grand Blvd., Detroit, MI 48202

Resources:

Find out the signs and symptoms of alcohol poisoning and what to do if you suspect someone has alcohol poisoning. [www.collegedrinkingprevention.gov/otheralcoholinformation/factsaboutalcoholpoisoning.aspx](http://www.collegedrinkingprevention.gov/otheralcoholinformation/factsaboutalcoholpoisoning.aspx)


References:
