Introduction to the Counseling Profession

Professional counselors are mental health professionals who treat individuals with serious mental health and behavioral disorders, addiction and developmental challenges. Training and preparation in counseling begin at the graduate level with most counseling students possessing undergraduate degrees in related social sciences (i.e., psychology, addiction studies, social work).

Rooted in theory and evidence-based practices, professional counselors possess a wide range of clinical competencies. Students complete a robust academic curriculum that includes clinical assessment, diagnosis and treatment planning, enhanced training in consultation and program development, and specialized curriculum in the treatment of addiction and trauma. Academic coursework is complemented by a semester-long practicum in the University of Detroit Mercy Counseling Clinic, a large teaching clinic that serves the public at no cost and a 600-hour clinical internship at a local counseling organization or institution. As a result of this rigorous training, graduates of University of Detroit Mercy’s Counseling Program are equipped most effectively to work with individuals to effect positive change in every aspect of living.

CACREP Accredited
The master’s degree programs in Addiction Counseling, Clinical Mental Health Counseling, and School Counseling at University of Detroit Mercy are accredited by the Council on Accreditation of Counseling and Related Educational Programs (CACREP), the national accrediting body for graduate programs in Counseling. In 2017, the University of Detroit Mercy’s Counseling programs were reaccredited with full, 8-year reaccreditation, the highest mark awarded by the accrediting body.

Admission Requirements
An undergraduate overall GPA of 2.75 or higher or a GPA of 3.0 or higher in the second half of the undergraduate degree program or a graduate GPA of 3.0 on a previously completed graduate degree; a minimum of 15 hours in the social or behavioral sciences (e.g., psychology, anthropology, sociology) including at least one course (three credit hours) in statistics; a letter of interest explaining your interests in the counseling profession; a writing exam; three letters of recommendation from individuals able to speak to your potential to enter graduate school in counseling; and an interview with the faculty.

60% K-12 Educators Tuition Remission Program
Employed K-12 Michigan educators are eligible for 60% tuition remission when enrolled in any of the University of Detroit Mercy Counseling programs.

Website: udmercy.edu/counseling
Graduate & Post Graduate
School Counseling

Master of Arts with a major in School Counseling - School Counselor License Program
This program is available to individuals who wish to specialize as K-12 school counselors and who do not possess a teaching certificate. Coursework emphasizes counseling theory, assessment practices, counseling skills and issues specifically related to school counseling.

After the completion of 39 credit hours and successfully passing the Michigan Guidance Counselor Test, students can become eligible to begin employment as a school counselor through the Preliminary Employment Authorization to Work as a School Counselor program. Graduates of the program fulfill the academic requirements for both professional licensure as a counselor within the State of Michigan and the School Counselor Endorsement through the Michigan Department of Education. The 57-credit-hour program generally requires two to three years to complete.

Degree Requirements
CNS 5000 Research Methods in Counseling
CNS 5020 Counseling and Human Development
CNS 5120 Introduction to Counseling Theory and Process
CNS 5320 Multicultural Counseling
CNS 5350 Introduction to Counseling
CNS 5360 Program Development and Evaluation
CNS 5380 Career Counseling
CNS 5390 Counseling Skills
CNS 5400 Testing and Evaluation
CNS 5430 Group Counseling
CNS 5450 School Counseling: Strategies and Interventions
CNS 5470 School Counseling: Mental Health and Consultation in Schools
CNS 5480 The School Counselor and Special Education
CNS 5600 Mental Health Diagnosis and Treatment
CNS 5620 Critical Issues in Mental Health Counseling
CNS 5720 Legal, Ethical, and Advocacy Issues in Counseling
CNS 5850 Counseling Practicum
CNS 6040 Internship in Counseling
CNS elective (3 credits)

Total: 57 credits

Admission Deadlines
Admission Term: Due Date:
Fall May 15
Winter October 1
Summer February 1
All application documents must be received by the college by the due date listed to be eligible for admission.

udmercy.edu/apply

Website: udmercy.edu/counseling
Graduate & Post Graduate
School Counseling

Master of Arts with a major in School Counseling – School Counselor Endorsement Program
This program offers training to certified teachers interested in working as K-12 school counselors, guidance directors or in related capacities, as well as to teachers who are interested in gaining advanced knowledge and skill development in counseling. Coursework emphasizes counseling theory, assessment practices, counseling skills and issues specifically related to school counseling.

After the completion of 39 credit hours and successfully passing the Michigan Guidance Counselor Test, students can become eligible to begin employment as a school counselor through the Preliminary Employment Authorization to Work as a School Counselor program designed for school counselors. Graduates of the program fulfill the academic requirements for both professional licensure as a counselor within the state of Michigan and the School Counselor Endorsement through the Michigan Department of Education. The 48-credit-hour program generally requires two to three years to complete.

This 48-credit-hour program will qualify students for the School Counselor Endorsement from the State of Michigan, Department of Education.

Degree Requirements

CNS 5000 Research Methods in Counseling
CNS 5020 Counseling and Human Development
CNS 5120 Introduction to Counseling Theory and Process
CNS 5320 Multicultural Counseling
CNS 5350 Introduction to Counseling
CNS 5360 Program Development and Evaluation
CNS 5380 Career Counseling
CNS 5390 Counseling Skills
CNS 5400 Testing and Evaluation
CNS 5430 Group Counseling
CNS 5450 School Counseling: Strategies and Interventions
CNS 5470 School Counseling: Mental Health and Consultation in Schools
CNS 5480 The School Counselor and Special Education
CNS 5720 Legal, Ethical, and Advocacy Issues in Counseling
CNS 5850 Counseling Practicum
CNS 6040 Internship in Counseling

Total: 48 credits

Admission Deadlines

<table>
<thead>
<tr>
<th>Admission Term</th>
<th>Due Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fall</td>
<td>May 15</td>
</tr>
<tr>
<td>Winter</td>
<td>October 1</td>
</tr>
<tr>
<td>Summer</td>
<td>February 1</td>
</tr>
</tbody>
</table>

All application documents must be received by the college by the due date listed to be eligible for admission.

degree-text
Graduate & Post Graduate School Counseling

Post-Graduate School Counselor Endorsement Program
The Post-Graduate School Counselor Endorsement program is one of University of Detroit Mercy's niche programs—the only of its kind in the state of Michigan. The Post-Graduate School Counselor Endorsement program is designed specifically for individuals who possess a master's degree and a teaching certificate who wish to become school counselors. A 600-hour internship is required for the program.

Individuals completing this program are eligible for the School Counselor Endorsement to the teaching certificate through the Michigan Department of Education. The 30-credit-hour program generally requires one to two years to complete. Additional coursework may be required.

Requirements

Applicants must have a master's degree in a related field and a valid Michigan teaching certificate.

CNS 5120 Introduction to Counseling Theory and Process
CNS 5350 Introduction to Counseling
CNS 5380 Career Counseling
CNS 5390 Counseling Skills
CNS 5400 Testing and Evaluation
CNS 5410 School Counseling: Principles and Practices
CNS 5430 Group Counseling
CNS 5450 School Counseling: Strategies and Interventions
CNS 5850 Counseling Practicum
Note: (Prerequisites: Completion of all coursework except CNS 6040 and approval of advisor)
CNS 6040 Internship in Counseling
Note:(Prerequisites: Completion of all other coursework and approval of advisor) 600 hours as K-12 school counselor

Total: 30

Admission Requirements
The School Counselor Endorsement Only Program is designed specifically for individuals that possess a master's degree in education or a related field and a valid Michigan teaching certificate. Applicants must have a master's degree in education or a related field and a valid Michigan teaching certificate, and must also submit a one- to two-page letter of intent that outlines the applicant's personal career goals; one letter of recommendation written by an employer or former graduate faculty member; and an interview with the program director.

Admission Deadlines
Admission Term: Due Date:
Fall May 15
Winter October 1
Summer February 1

All application documents must be received by the college by the due date listed to be eligible for admission.

udmercy.edu/apply

Website: udmercy.edu/counseling
Graduate & Post Graduate
School Counseling

Post-Graduate School Counselor License Program

The Post-Graduate School Counselor License Program is another unique program offered by University of Detroit Mercy’s Counseling Program. The program is specifically designed for individuals who possess a master’s degree in counseling (community/clinical mental health, mental health, addictions, marriage and family or college counseling from a CACREP-accredited institution) who wish to become certified as a school counselor. The 18-credit-hour curriculum consists of an intensive focus on the role of the counselor in the K-12 school and the broader context of K-12 education. In addition to traditional coursework in school counseling, a 300-hour internship completed in a K-12 setting is required. Individuals completing this program are eligible for the School Counselor License authorized by the Michigan Department of Education.

Requirements

Applicants must possess a Master of Arts in Counseling from a CACREP-accredited counseling program.

CNS 5450 School Counseling: Strategies and Interventions
CNS 5470 School Counseling: Mental Health and Consultation in Schools
CNS 5480 The School Counselor and Special Education
CNS 6040 Internship in Counseling
2 CNS electives

Total: 18

Admission Requirements

The requirements for admission to the non-degree granting Post-Graduate School Counselor License Program include the following: a Master of Arts in Counseling from an equivalent graduate counseling program (granted within the past 15 years); a one to two page ‘Letter of Intent’ that outlines the applicant’s personal career goals; one letter of recommendation written by an employer or former counseling faculty member; and, an interview with the program director.

Admission Deadlines

<table>
<thead>
<tr>
<th>Admission Term</th>
<th>Due Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fall</td>
<td>May 15</td>
</tr>
<tr>
<td>Winter</td>
<td>October 1</td>
</tr>
<tr>
<td>Summer</td>
<td>February 1</td>
</tr>
</tbody>
</table>

All application documents must be received by the college by the due date listed to be eligible for admission.

udmercy.edu/apply
Graduate & Post Graduate School Counseling

Counseling Faculty
Jocelyn M. Bennett-Garraway, Ph.D.
Associate Professor of Counseling, Director of School Counseling

Nancy G. Calleja, Ph.D.
Department Chair & Professor of Counseling
Director of Addiction Counseling

Rachel Evans, Ph.D.
Adjunct Professor of Counseling
Counseling Clinic Manager

Elvita Kondili, Ph.D.
Assistant Professor of Counseling

Daniel Lawrence, Ph.D.
Adjunct professor of Counseling

Mary McDougall, Ph.D.
Adjunct Faculty, Counseling Program

Kathleen Palmer, Ph.D.
Assistant Professor of Counseling
Director of Clinical Mental Health Counseling

Edward Zaorski
Adjunct Professor of Addiction Studies

Admission Deadlines
Admission Term:  Due Date:
Fall        May 15
Winter     October 1
Summer     February 1
All application documents must be received by the college by the due date listed to be eligible for admission.

udmercy.edu/apply