

**University of Detroit Mercy
College of Health Professions
McAuley School of Nursing
Detroit, Michigan**

PROFESSIONAL RECORD

Name: Mitzi M. Saunders, PhD, APRN, ACNS-BC

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LICENSURE/NATIONAL CERTIFICATION

Michigan Dept. of Licensing and Regulatory Affairs, Registered Nurse and
Clinical Nurse Specialist Specialty Certification, License #470418186
May 23, 2018 – May 29, 2020

Michigan Dept. of Licensing and Regulatory Affairs, Registered Nurse, License #4704182186
1991 – May 22, 2018

Michigan Dept. of Licensing and Regulatory Affairs, Nurse Practitioner, License
#4704182186, 1996 – May 22, 2018

American Nurses Credentialing Center, Adult Health Clinical Nurse Specialist
(ACNS-BC), Certification #0267205, Dec 1, 1996 - November 30, 2021

Kansas State Board of Nursing, Registered Nurse, License #60774, 1989 – 1993

Nevada State Board of Nursing, Registered Nurse, License #RN22017, 1992 – 1993

EDUCATION

Dates

Sept, 2001- May, 2006

Degree/Coursework

Ph.D. in Nursing

Institution

Wayne State University
Detroit, MI

Sept, 1996- May, 1997

Advanced Pharmacology

Oakland University
Rochester, MI

Sept, 1993- May, 1995	M.S.N (Adult Health CNS)	Oakland University Rochester, MI
Sept, 1987- May, 1989	B.S.N with Distinction	University of Kansas Kansas City, KS
Sept, 1985- May, 1987	Pre-Nursing	Pittsburg State University Pittsburg, KS

EMPLOYMENT HISTORY

<u>Years</u>	<u>Title</u>	<u>Institution</u>
2018-Present	Professor	University of Detroit Mercy Detroit, MI
2010-Present	Graduate Coordinator (AGCNS)	University of Detroit Mercy Detroit, MI
2007-Present	Tenure	University of Detroit Mercy Detroit, MI
2007-2017	Associate Professor	University of Detroit Mercy Detroit, MI
2001-2006	Assistant Professor	University of Detroit Mercy Detroit, MI
1999-2001	Instructor	University of Detroit Mercy Detroit, MI
1995-1999	Clinical Nurse Specialist	Medicine B Service Detroit Receiving Hospital Detroit, MI
1997-1999	Graduate Clinical Preceptor	Wayne State University Detroit, MI Oakland University Rochester, MI
1993-1995	Adjunct Faculty-Nursing	Oakland Community College Waterford, MI
1993-1995	R.N. (Charge Nurse)	Harper Hospital Detroit, MI
1992-1995	R.N (Head/Neck Surgery)	Harper Hospital

		Detroit, MI
1993-1995	R.N. (Gynecology Surgery)	William Beaumont Hospital Royal Oak, MI
1992-1993	R.N. (Home Care Infusion)	Home Health Infusion Care Southfield, MI
1991-1992	R.N. (Travel Nurse) General Surgery Head/Neck Surgery	American Mobile Nurses San Diego, CA Human Sunrise Las Vegas, NV Harper Hospital Detroit, MI
1990-1991	R.N. (Charge Nurse)	Shawnee Mission Medical Center Shawnee Mission, KS
1989-1991	R.N. (Float Pool) Telemetry, Orthopedics Oncology, Med/Surg	Shawnee Mission Medical Center Shawnee Mission, KS
1987-1989	Nursing Assistant	St. John's Medical Center Joplin, MS
1985-1987	Swim Teacher/Lifeguard (Certified: all levels)	Pittsburg Family YMCA Pittsburg, KS

PROFESSIONAL ENGAGEMENT/ORGANIZATIONS

National Association of Clinical Nurse Specialists - Member (2009-Present)

Nominating Committee (Elected)

Chair – March 2018-March 2019

Co-Chair – March 2017-Marcy 2018

Activities: Identify and recruit well-qualified candidates for Board positions and Nominative Committee to lead and serve the interests of the national organization.

Chronic Care Task Force (Selected) (2015-May 2018)

Activities: Determine the resources and skills CNSs need to care for patients with chronic conditions on a team of CNS leaders represented nationally and craft a White Paper highlighting the role of the CNS in care of patients with chronic conditions.

Outcomes: Webinar, presented to NACNS members, Podium presentation at 2017 NACNS conference (co-presenter), and White Paper.

Michigan Association of Clinical Nurse Specialists - Member (2009-Present)

Secretary (Selected) (2009-2014)

Activities: Official recorder at all board/membership meetings, drive and lead the goals of the organization to include affiliation with the NACNS, develop and present continuing education offerings for state members and influence health care policy at the state level.

Midwest Nursing Research Society

Member (2006-2009)

Doctoral Student Forum (Wayne State University)

Member (2001-2006)

Sigma Theta Tau, National Honor Society

Inducted 1989

TEACHING EXPERIENCE**COURSES DEVELOPED (Detroit Mercy)****Graduate (2007-Present)****Adult CNS Master's/Post-Master's CNS (On-line) (2007-2010)**

NUR 5130 Physical Assessment for the Advanced Practice Nurse (on-line)

NUR 5750 Adult Health CNS Theory and Practicum I (on-line)

NUR 5760 Adult Health CNS Theory and Practicum II (on-line)

HLH 5900 Advanced Pathophysiology (on-line)

NUR 5750 Adult-Gerontology CNS Theory and Practicum I (clinical - 250 supervised hours)

NUR 5760 Adult-Gerontology CNS Theory and Practicum II (clinical - 250 supervised hours)

NUR 5800 Pharmacology for Advanced Practice Nurses

Adult-Gerontology CNS Master's/Post-Master's (On-line) (2010-Present)

NUR 5160 Advanced Health Assessment (on-line)

NUR 5748 Adult Gerontology CNS Role and Theory I (on-line)

NUR 5749 Adult Gerontology CNS Practicum I (clinical - 200 supervised hours)

NUR 5751 Well-ness in Adult-Gerontology CNS Practice (clinical - 100 supervised hours) – in collaboration with Dr. Rosanne Burson

NUR 5752 Adult Gerontology CNS Role and Theory II (on-line)

NUR 5753 Adult Gerontology CNS Practicum II (clinical - 200 supervised hours)

COURSES TAUGHT (Detroit Mercy)**Graduate (2007-Present)**

NUR 5130 Physical Assessment for the Advanced Practice Nurse (on-line)

NUR 5750 CNS Theory and Practicum I (on-line/clinical – 250 supervised hours)
 NUR 5760 CNS Theory and Practicum II (on-line/clinical – 250 supervised hours)
 HLH 5900 Advanced Pathophysiology (on-line)
 NUR 5750 Adult-Gerontology CNS Theory and Practicum I (on-line/clinical – 200 supervised hours)
 NUR 5760 Adult-Gerontology CNS Theory and Practicum II (on-line/clinical – 200 supervised hours)
 HLH 5900 Health Care Delivery and Policy Issues (on-line)
 NUR 5160 Advanced Health Assessment (on-line/virtual lab)
 NUR 5748 Adult Gerontology CNS Role and Theory I (on-line)
 NUR 5749 Adult Gerontology CNS Practicum I (clinical – 200 supervised hours)
 NUR 5752 Adult Gerontology CNS Role and Theory II (on-line)
 NUR 5753 Adult Gerontology CNS Practicum II (clinical – 200 supervised hours)

III. PROGRAM DEVELOPMENT (Detroit Mercy)

B.S.N. to D.N.P. (2015-Present)

Activity: Team member in development and roll out of BSN to DNP program with concentration in AG-CNS.

Curriculum Approval (June, 2014) by American Association of Critical Care Nurses

Activities: All course syllabi in the AG-CNS program submitted for review.
 Meaningfulness: All graduates of the program will be able to sit for the ACCNS-AG examination without review.

Program Name Change (Adult to Adult-Gerontology CNS (2009)

Activities: Integrated new national level competencies (2010) of CNS practice into the curriculum and gained approval from the MSON Faculty Assembly and Provost. Name formally changed in 2010.

Core Curriculum Task Force (2008-2011)

Activities: Represented College of Health Professions in the first phase of development of a new University Core Curriculum

Post-Graduate Adult CNS (2009)

Activities: Developed courses for the program and gained approval from the MSON Faculty Assembly.

Nursing Education/Adult CNS Master's Program Team (2005-2009)

Activities: Member of grant writing team to develop a dual master's in nurse education and advanced practice nursing to address the nation's nursing shortage in nursing faculty.

HRSA Grant #618048201. Funded: \$772,995.00

Second Degree Option, B.S.N. (12 Month Program) (2001-2003)

Activities: Team member to developed 12-month program for second-degree students in consultation with faculty from Creighton University, Omaha, NE. Keynote Speaker - 1st Graduating Class (2003)

Prelicensure B.S.N. Community-Based Curriculum (1999-2000)

Activities: Team member to align courses to meet community-based needs

IV. ACCREDITATION ACTIVITIES (Detroit Mercy)

Adult-Gerontology Clinical Nurse Specialist Master's and Post-Graduate Program Report (2017)

Activities: Crafted report to meet Criteria of the Evaluation of Clinical Nurse Specialist Master's and Post-Graduate Certificate Educational Programs (NACNS approved guidelines, Dec. 2011)

Results: Standards met.

Commission on Collegiate Nursing Education Accreditation (2016-2017)

Activities: Steering Committee - Gathered data, wrote sections of the report, planned for site visit, assisted in site visit activities.

Result: Standards met.

Detroit Mercy Higher Learning Commission Accreditation (2015-2016)

Activities: Steering Committee for Teaching, Learning: Quality, Resources and Support - Gathered data, drafted sections of report, presented report to Detroit Mercy community before site visit, assisted in site visit activities.

Result: Standards met.

Commission of Collegiate Nursing Education Accreditation (Fall, 2015)

Activities: Gathered data, wrote sections of the report (Continuous Improvement Progress Report) and crafted tables.

Result: Standards met.

Commission on Collegiate Nursing Education Accreditation (2009-2010)

Activities: Co-author for self-study with Dr. Kate Walters, developed Blackboard site, prepared faculty/students for visit, organized document room, assisted in developing itinerary for visit, coordinated activities during site visit.

Results: Standards met.

V. ADVISING/MENTORSHIP (Detroit Mercy)

Recent Advising Workload:

Fall 2018: Undergraduate Students = 18, Graduate Students = 30

Winter 2018: Undergraduate Students = 19, Graduate Students = 15

Peer Faculty Review of OL Course for Assistant Professor – Fall 2018

ReBUILDetroit Mentor (5/15/17 – 7/21/17): Dazja Jones (Mentee), Project: *Outcomes in Bereaved Dementia Caregivers: A Systematic Review*

Doctorate of Nursing Practice (2017 – Present/Chair): Lori Bishop, Doctoral Student, Planned Project: *Addressing Re-admissions among Patients with Heart Failure*”

Doctorate of Nursing Practice (2018 – Present/Chair): Lori Bishop, Doctoral Student, Project: *Addressing Re-admissions among Patients with Heart Failure*”

Doctorate of Nursing Practice (2018 – Present/Chair): Taylor Brazelton, Doctoral Student, Planned Project: *Evaluation of Volunteer Program to Reduce Delirium in Older Hospitalized Adults*”

Doctorate of Nursing Practice (2018 – Present/Chair): Noel Koller, Doctoral Student, Planned Project: *Addressing and Assessing Depression in Acute Stroke Patients Before Discharge*”

Doctorate of Nursing Practice (2018 – Present/Chair): Hanelli Fanega, Doctoral Student, Planned Project: *Implementing Palliative Care Services Among Acute Care Patients in Need*”

Doctoral Dissertation (2018 – Present/Committee Member): Ludmilla Rotchford, PhD Candidate, Planned Project: *Perspectives of Patients with Heart Failure and their Family Caregivers on Causes for Readmissions*”

Doctorate of Nursing Practice (2015/Advisor): Kathy Marshall, “*Hospital Admissions for Malnutrition and Dehydration in Patients with Dementia*” Defended, 2015.

Graduate Students/Alumni (2007-Present): curricular advisement, accreditation examination preparation, interview techniques, navigating the role as a novice, obtaining State licensure as an Advanced Practice Registered Nurse.

Undergraduate Students/Alumni (1999-2007), (2015-Present): curricular advisement, National Counsel Licensure Examination preparation, employment decisions, options in graduate education.

Colleague Development Topics (Presentations and informal): outcomes-based curriculum, distance education, qualitative research methods, publishing and best practices

VI. PROFESSIONAL CONSULTATION

Fall 2108: Peer Review and Observation On-line Course: FALL 2018 – NUR

4246 (Integration Seminar for BSNC).

Summer 2017: External reviewer for California State University, School of Nursing. Provided formal critique of teaching practices for a tenure track professor teaching in an AG-CNS program. Reviewed 3 on-line courses.

Summer 2017: External reviewer for University of Michigan-Flint, School of Nursing. Provided formal and confidential critique of teaching, service and scholarship on a nurse faculty seeking tenure and promotion to rank of Associate Professor.

RESEARCH/SCHOLARSHIP

SECTION I: CAREGIVING

SECTION II: CLINICAL NURSE SPECIALIST ROLE

SECTION III: TEACHING

SECTION I: CAREGIVING

I. CAREGIVING

Funded Research

- 2017, National Institutes of Health (NIH), (ReBUILDetroit Pilot Grant), *Transition from Spousal Caregiving to Widowhood: A Mixed Method Comparison between Rural and Urban Women*. \$10,820. Role: Co-Investigator (6/01/2017 – 5/31/2018)
- 2011, Dean's Intramural Research Award, University of Detroit Mercy, *Home Care Nurses' Perceptions of Home-based Heart Failure Family Care*, \$1500.00. Role: Primary Investigator
- 2008, Dean's Intramural Research Award, University of Detroit Mercy, *Positive and Negative Perspectives of Being a Heart Failure Family Caregiver*, \$2713.44. Role: Primary Investigator
- 2005, Dean's Intramural Research Award, University of Detroit Mercy, *Influence of Heart Failure Caregiving on Caregiver Burden, Caregiver Health-Related Quality of Life and Patient Hospitalizations*, \$1600.00. Role: Primary Investigator
- 2005, Research Award, Wayne State University, *Family Caregiving for Patients with Heart Failure*, \$2,000.00. Role: Primary Investigator
- 2005, Nurse Scholars Society Award, Wayne State University, *Family Caregiving for Patients with Heart Failure*, \$1,000.00. Role: Primary Investigator

Unfunded Research

- 2010, National Institute of Nursing Research (NINR), *Improving Family Caregiving to Decrease Patient Hospitalizations*, \$750,000.00. Role: Primary Investigator

Other Funds

- 2004, Gloria Anne Colquhoun Memorial Scholarship, Wayne State University, \$1,000.00. Role: Doctoral Student

- 2003, Marcia D. Bain Memorial Scholarship, Wayne State University, \$500.00. Role: Doctoral Student
- 2002, College of Nursing Alumni Doctoral Scholarship, Wayne State University, \$2000.00. Role: Doctoral Student

Refereed (Data-Based) Publications

- Marshall, K., Burson, R., Gal, K., & **Saunders, M. M.** (2016). Hospital admissions for malnutrition and dehydration in patients with dementia. *Home Healthcare Now*, 34(1), 32-37. (Google Scholar: 4 citations)
- Saunders, M. M. (2014). Home health care nurses' perceptions of heart failure home health care. *Home Health Care Management and Practice*, 26(4), 217-222. (Google Scholar: 1 citation)
- Saunders, M. M. (2012). Perspectives from family caregivers receiving home nursing support: Findings from a qualitative study of home care patients with heart failure. *Home Healthcare Nurse*, 30(2), 82-90. (Google Scholar: 13 citation)
- Saunders, M. M. (2010). Working and caregiving: A comparison of employed and unemployed caregivers of older heart failure patients. *Holistic Nursing Practice*, 24(1), 16-22. (Google Scholar: 16 citations)
- Saunders, M. M. (2009). Indicators of health-related quality of life in heart failure family caregivers. *Journal of Community Health Nursing*, 26(4), 173-182. (Google Scholar: 38 citations)
- Saunders, M. M. (2008). Family caregiver support and hospitalizations in patients with heart failure. *Home Healthcare Nurse*, 26(10), 624-632. (Google Scholar: 18 citations)
- Saunders, M. M. (2008) Factors associated with caregiver burden in heart failure family caregivers. *Western Journal of Nursing Research*, 30(8), 943-959. (Google Scholar: 91 citations)
- Vallerhand, A. H., **Saunders, M. M.**, & Anthony, M. (2007). Perceptions of control over pain by patients with cancer and their caregivers. *Pain Management Nursing*, 8(2), 55-63. (Google Scholar: 27 citations)
- Vallerhand, A. H., Anthony, M., & **Saunders, M. M.** (2005). Home care nurses perceptions' of control over cancer pain. *Home Healthcare Nurse*, 23(10), 642-654. (Google Scholar: 17 citations)
- Saunders, M. M. (2006). Influence of heart failure caregiving on caregiver burden, caregiver health-related quality of life and patient hospitalizations. Doctoral dissertation, Wayne State University, MI. (Google Scholar: 5 citations)

Refereed (Non-Data Based Publications)

- Saunders, M. M. (2017). The Patient's Informal Caregiver. In: Proietti, R., Manzoni, G., Pietrabissa, G., & Castelnuovo, G. (Eds). *Psychological, Emotional, Social and Cognitive Aspects of Implantable Cardiac Devices*. Springer, Cham
- Artinian, N. T., Artinian, C. G., & **Saunders, M. M.** (2004). Identifying and treating depression in patients with heart failure. *Journal of Cardiovascular Nursing*, 19(6S), S47-S56. (Google Scholar: 42 citations)
- Saunders, M. M. (2003). Family caregivers need support with heart failure patients. *Holistic Nursing Practice*, 17(3), 136-142. (Google Scholar: 44 citations)
- Vallerhand, A. H., Hasenau, S. M., Anthony, M., & **Saunders, M.** (2005). Pain, suffering, and

the uses of narratives in nursing. In D. B. Carr, J. D. Loeser, & D. B. Morris (Eds.). *Narrative, pain, and suffering* (pp. 215 – 225). Seattle, IASP Press. (Google Scholar: 3 citations)

Saunders, M. M. & Labana, H. K. (1995). Characteristics of nursing home residents on a fixed 2-hour scheduled toileting program and the incidence of urinary incontinence. Oakland University, Master's Thesis.

Presentations

- Saunders, M. M. (2018, Mar. 22). Nursing and Heart Failure. STEM Program: Canton High School, Canton, MI.
- Saunders, M. M., Groh, C., Henry, N., & Jones, D. (2018, Austin, TX). Podium: Outcomes in Bereaved Caregivers: A Systematic Review. 2018 National Association of Clinical Nurse Specialists Annual Conference.
- Henry, N., Jones, D., Groh, C., **Saunders, M.** (2017, Detroit). Poster: Outcomes in Bereaved Caregivers: A Systematic Review. 2017 ReBUILDDetroit Research Symposium, Wayne State University.
- Saunders, M. M. (2017, Atlanta, GA). Podium: It's Sex and More: Improving Outcomes for Partners of Patients with ICDs and LVADs. 2017 National Association of Clinical Nurse Specialists Annual Conference.
- Saunders, M. M. (2013, Detroit Mercy). Podium: Home Healthcare Nurses' Perceptions of Heart Failure Home Healthcare. Research Day.
- Saunders, M. M. (2010, Chicago, IL). Poster: Caring for a Family Member with Heart Failure: The Caregiver's Perspective. Joanna Briggs Institute 7th Biennial International Colloquium.
- Saunders, M. M. (2010, Plymouth, MI). Poster: Caring for a Family Member with Heart Failure: The Caregiver's Perspective. Michigan Association of Clinical Nurse Specialists.
- Saunders, M. M. (2010, Detroit Mercy). Poster: Caring for a Family Member with Heart Failure: The Caregiver's Perspective. Poster presentation, Research Day.
- Saunders, M. M. (2008, Detroit Mercy). Podium: Family Caregiver Support and Hospitalizations in Patients with Heart Failure. Guest speaker, McAuley School of Nursing.
- Saunders, M. M. (Mar 2008, Detroit Mercy). Poster: Comparison of Employed and Non-employed Caregivers of Heart Failure Patients on Caregiver Outcomes. Research Day.
- Saunders, M. M. (2008, Indianapolis, IN). Podium: Comparison of Employed and Non-employed Caregivers of Heart Failure Patients on Caregiver Outcomes. Midwest Nursing Research Society Annual Conference.
- Saunders, M. M. (2007, Omaha, NE). Poster: Influence of Heart Failure Caregiving on Caregiver Burden, Caregiver Health-Related Quality of Life and Patient Hospitalizations. Midwest Nursing Research Society Annual Conference.
- Saunders, M. M. (2007, Detroit Mercy). Poster: Influence of Heart Failure Caregiving on Caregiver Burden, Caregiver Health-related Quality of Life and Patient Hospitalizations. Research Day.
- Saunders, M. M. (2006, Detroit, MI). Podium: Mentoring Throughout the Doctoral Experience: Perspectives from a Recent Graduate. Wayne State University.
- Saunders, M. M. (2006, Detroit Mercy). Podium: Influence of Heart Failure Caregiving on Caregiver Burden, Caregiver Health-related Quality of Life and Patient Hospitalizations, University of Detroit Mercy, College of Health Professions.

- Saunders, M. M. (Mar 2006, Detroit, MI). Poster: Influence of Heart Failure Caregiving on Caregiver Burden, Caregiver Health-related Quality of Life and Patient Hospitalizations, Wayne State University, College of Nursing.
- Saunders, M. M. (2005, Detroit, MI). Oral: Surviving the Qualifying Examination and Dissertation Proposal. Wayne State University.
- Vallerhand, A. H., Anthony, M., & **Saunders, M. M.** (2005, Detroit, MI). Poster: Interviews with Patients who have Cancer and their Family Members provide insight for Clinicians. Research Day, University of Detroit Mercy.

Video Production

Voice of the Researcher (2016): Videotaped interview on techniques used in qualitative research using the article (Saunders, M. M. (2012). Perspectives from family caregivers receiving home nursing support: Findings from a qualitative study of home care patients with heart failure published in *Home Healthcare Nurse*). Video featured in Polit text (In Press): *Qualitative Designs and Approaches*. \$400.00 Honorarium.

Honors/Awards

- 2010, Study: Factors Associated with Caregiver Burden in Heart Failure Family Caregivers. *Western Journal of Nursing Research*, 30(8), 943-959. Recognition: Top 10 Most Cited in 2010.
- 2008, Study: *Working and Caregiving in Heart Failure Family Caregiving*. Research Day, University of Detroit Mercy. Recognition: Best Poster Award.

SECTION II: CLINICAL NURSE SPECIALIST ROLE

II. CLINICAL NURSE SPECIALIST ROLE

Funded Research

- 2012, UDMPU Research Award. Study: *Perspectives from AG-CNSs on Practice Outcomes*, \$1831.65. Role: Primary Investigator (Mar 1, 2013 – Aug 30, 2013).
- 2006, Health Resources and Services Administration (HRSA), *Interdisciplinary Model for Nurse Educator Preparation*, \$772,995.00. (Project Director: Lewis, Judith (PI). Role: CNS Coordinator, 20% FTE. (June 1, 2006 – June 30, 2009).

Other Funds

- 2012, Mission Micro Grant Award, University of Detroit Mercy, Material support to host Michigan Clinical Nurse Specialist Association meeting, \$75.00. Role: Secretary of State's CNS Organization.
- 2011, Mission Micro Grant Award, University of Detroit Mercy, \$150.00. Role: Cover costs of scientific posters for CNS students to present capstone projects.

Refereed (Data-Based) Publications

- Saunders, M. M., Harris, K., & Hale, D. (2017). Clinical nurse specialists' perceptions in providing spiritual care. *Journal of Christian Nursing*, 34(3), 176-181.
- Saunders, M. M., Hale, D., & Harris, K. (2016). Clinical nurse specialists' perceptions of care for vulnerable patients. *Holistic Nursing Practice*, 30(2), 64-69.

Saunders, M. M. (2015). Clinical nurse specialists' perceptions of work patterns, outcomes, desires, and emerging trends. *Journal of Nursing Administration*, 45(4), 212-217. (Google Scholar: 3 citations)

Refereed (Non-Data Based Publications)

Saunders, M. M. (Sept/Oct 2018). Why Every Medical-Surgical Nurse Deserves a Clinical Nurse Specialist. *Med Surg Matters!*, 27(5), 1-3,11.

Hansen, M. P., Dambaugh, L. A., Dusek, J. K., Kollauf, C., Martin, R., Rochon, R., Santiago-Rotchford, L. M., **Saunders, M. M.**, Swartz, M. J., & Senn-Reeves, J. (2018). White Paper: Addressing the Need of Individuals with Chronic Conditions. Sponsored by the National Association of Clinical Nurse Specialists.

Saunders, M. M. (2017, APRN Column). Clinical nurse spheres of influence. *Journal of Christian Nursing*, 34(1), 138.

Saunders, M. M. (Fall, 2011). Clinical nurse specialist students meet patients' spiritual health needs. In *Update: The Newsletter of the Association of Catholic Colleges and Universities*.

Presentations

Saunders, M. M. (2018, Nov). Role of the Clinical Nurse Specialist and Program at Detroit Mercy. Prelicensure - Senior Nursing Students Leadership Course. Detroit Mercy, Detroit, MI.

Saunders, M. M. (2018, Sept). Role of the Clinical Nurse Specialist and Program at Detroit Mercy. SDO - Senior Nursing Students Leadership Course. Detroit Mercy, Detroit, MI.

Saunders, M. M., Kyes, A., Schedler, S., Wornhoff, B., Greenman, M., Barone, C., Smith, T., Holly, V. (2018, July 25). Webinar – Leading CNS Forward: We Need You! Presented live to members of the National Association of Clinical Nurse Specialists.

Saunders, M. M., & Kowalski, S. (2018, Mar. 12). Role of the Clinical Nurse Specialist and Program at Detroit Mercy. Senior Nursing Students Leadership Course. Detroit Mercy, Detroit, MI.

Saunders, M. M. (2018, Mar. 12). Role of the Clinical Nurse Specialist and Program at Detroit Mercy. SDO - Senior Nursing Students Leadership Course. Detroit Mercy, Detroit, MI.

Greenman, M., Horner, S., Kitchens, J., Larson, A.C., **Saunders, M. M.**, & Wornhoff, B. (2018, Austin, TX). Symposium: All Aboard? The CNS and Board Leadership. National Association of Clinical Nurse Specialists Annual Conference.

Rochon, R., & **Saunders, M. M.** (2018, Austin, TX). Forum: Chronic Care Task Force. National Association of Clinical Nurse Specialists Annual Conference.

Saunders, M. M. (2017). Invited Speaker. Managing Conflict. Approved for 1.0 Continuing Education Unit. St. Joseph Mercy Oakland, Pontiac, MI.

Saunders, M.M. & Dambaugh, L. (2017, Atlanta, GA). Podium: Chronic Care Task Force White Podium. National Association of Clinical Nurse Specialists Annual Conference.

Dambaugh, L., Santiago-Rotchford, L. M., **Saunders, M. M.**, Dusek, J., & Swartz, J. (2016, Philadelphia, PA). Podium: NACNS Chronic Care Taskforce Open Forum, National Association of Clinical Nurse Specialists Annual Conference.

Saunders, M. M. (2014, Orlando, FL). Podium: Perspectives of Adult-Gerontology Clinical Nurse Specialists' on Practice Outcomes. National Association of Clinical Nurse

- Specialists Annual Conference.
- Saunders, M. M. (2014, Detroit Mercy). Poster: Clinical Nurse Specialist, the Bridge for Patients to System, Nurses to System, and Nurses to Patients: Findings of a Qualitative Study. Urban Health Conference.
- Saunders, M. M. (2014, Detroit Mercy). Poster: Clinical Nurse Specialist, the Bridge for Patients to System, Nurses to System, and Nurses to Patients: Findings of a Qualitative Study Poster presentation, Research Day.
- Saunders, M. M. (2012, Kalamazoo, MI). Invited Speaker: Role of the Clinical Nurse Specialist. APRN Council, Bronson Methodist Medical Center.
- Saunders, M. M. (2012, Detroit Mercy). Invited Speaker: Addressing Health Literacy in Patient Education. Approved for 1.5 Continuing Education Units. Michigan Association of Clinical Nurse Specialists Attendees
- Saunders, M. M. (2010, Ypsilanti, MI). Invited Speaker: CNS Clinical Preceptorship. Approved for 1.5 Continuing Education Units. Michigan Association of Clinical Nurse Specialists, Eastern Michigan University.
- Saunders, M. M. (2010, Plymouth, MI). Podium: Meeting Today's Healthcare Challenges: A Combined Master's Clinical Nurse Specialist and Nurse Educator Program. Conference for Clinical Nurse Specialists in Michigan.
- Saunders, M. M. (2010, Detroit Mercy). Podium: Becoming a Clinical Nurse Specialist, Senior Level Nursing Students.
- Saunders, M. M. (1996, Rochester, MI). Podium: Role of the Acute Care Advanced Practice Registered Nurse (the CNS), Oakland University.
- Pilzninski, C., Postalion, M., M. Campbell, & **Saunders, M. M.** (1996, Lansing, MI). Podium: Demonstrating the Fiscal Impact of the Advanced Practice Nurse. Michigan Health Care Institute.

Honors/Awards

- 2014, Clinical Nurse Specialist Educator of the Year (Nominee), National Association of Clinical Nurse Specialists.
- 2012, National Association of Clinical Nurse Specialists, \$150.00 award. Role: Highest Recruitment of New Members.
- 2010, Mission Micro Grant Award, Detroit Mercy, \$250.00. Purchase spiritual guide booklets for graduate nursing students to support spiritual care interventions.

SECTION III: TEACHING

III. TEACHING

Refereed (Data-Based) Publications

- Saunders, M. M., Kowalski, S., & Weathers, S. (2017). Students' perceptions of a poem to evaluate learning: A qualitative study. *Journal of Nursing Education*.

Refereed (Non-Data Based Publications)

- Saunders, M. M. & Kowalski, S. (2015). Using poetry writing and sharing to promote student empathy and caring. *Holistic Nursing Practice*, 29(6), 381-384.

Presentations

- Saunders, M. M.; & Hollier, S. (2017). Teaching On-line – Best Practices. Detroit Mercy, College of Health Professions (FRAD sponsored event)
- Saunders, M. M.; Dean, J., & Davidson, R. (2017). Podium: Moving Forward in Distance Education. Colleague Development Day.
- Saunders, M. M. (2017). St. Joseph Mercy Oakland Health Center, Pontiac, MI). Invited Speaker: Moving Forward in Nursing Education. Audience: Nurse Residency Program.
- Saunders, M. M. (2016, Detroit Mercy). Oral: Assurance Argument Highlights, Higher Learning Commission, Criterion Three.
- Saunders, M. M. (2014, Chicago, IL). Invited Speaker: Using Poetry as a Technique for Nursing Students to Grasp the Full Meaning of Clinical Situations. 2nd International Conference on Nursing & Healthcare.
- Saunders, M. M. (2013, Detroit Mercy). Podium: Real On-line Teaching Experience. Colleague Development Day.
- Britt-Smith, L. A. & **Saunders, M. M.** (2011, Detroit Mercy). Invited Speaker: Why Bloom's Taxonomy? It's Not Just About Assessment. Colleague Development Day.
- Saunders, M. M. (2009, Orlando, FL). Podium: Meeting Today's Healthcare Challenges: A Combined Master's Education in Nursing and Clinical Nurse Specialist Program. American Association of College of Nurses Master's Education Conference.
- Saunders, M. M. (2007, Plymouth, MI). Invited Speaker: Building a scholarship plan. College of Health Professions Faculty Retreat.
- Saunders, M.M. (2003, Detroit Mercy). Keynote Speaker, Transition Ceremony, 1st Graduating Class of Second Degree Option Nursing Students.

Honors/Awards

- 2018, ReBuild Proposal to Develop On-line Learning Community – funded \$2000.
- 2011, Detroit Mercy, non-monetary gift for highest return rate on student evaluations.

IV. GOOGLE SCHOLAR CITATION INDICES

- Overall = 340
Since 2013 = 193

V. WORK-IN-PROGRESS

Study: Transition from Spousal Caregiving to Widowhood: A Mixed Method Comparison between Rural and Urban Women (with Dr. Carla Groh)

Study: Preparation for NCLEX among May 2016 Traditional Detroit Nursing Graduates (with Dean Jaime Sinutko)

Manuscript: Clinical Nurse Specialists: Learning in Managing Patients with Chronic Conditions

Pilot Projects (Pedagogy):

Practice as Prepared – Being a CNS Prescriber
On-line Fishbowl Debate

SERVICE

I. SERVICE AND LEADERSHIP (Internal)

2017-Present, Graduate Coordinator, Masters in Adult-Gerontology CNS
 2017-2018, MSON Representative on CHP Dean’s Advisory Committee
 2017, MSON Faculty Search Committee
 2016-2017, Steering Committee for Commission on Collegiate Nursing Education Accreditation
 2016, MSON Undergraduate Associate Dean’s Search Committee
 2015-2016, Detroit Mercy Higher Learning Commission Self Study Report (Teaching Learning: Quality, Resources and Support)
 2015-2016, MSON Standards Committee (Graduate Representative)
 2015, Continuous Improvement Progress Report for Commission of Collegiate Nursing Education Accreditation for MSON
 2013-2015 MSON Performance, Evaluation and Implementation Team
 2013-2014, Chair, University Graduate Standards and Retention Committee.
 2012-2014, Representative, University UDM Graduate Standards and Retention Team
 2012, MSON Promotion and Tenure Committee
 2011-2013, Representative, McNichols Faculty Assembly (MFA)
 2010-Present, Graduate Coordinator, Adult-Gerontology CNS Post Master’s Program.
 2008-2010, Co-Author for Commission on Collegiate Nursing Education Accreditation
 2007-Present, MSON Graduate Administrative Team
 2012, Spirit Day Committee
 2011-2012, CHP Elections Committee
 2010, Representative, CHP Promotion and Tenure Committee
 2008-2011, Representative, University Core Curriculum Task Force
 2007-2010, Marshal, Detroit Mercy Graduation
 2007/2008, CHP Steering and Integration Committee
 2007, Representative, CHP Promotion and Tenure Committee
 2006/-007, Chair, MSON Bylaws Taskforce
 2006-2007, Co-Chair, MSON Evaluation and Outcomes Committee
 2006-2007, CHP Research and Grants Committee
 2006, Chair, MSON Faculty Search Committee
 2005-2006, Chair, MSON Evaluation and Outcomes Committee
 2002-2006, Advisor, Detroit Mercy Disabilities
 2004-2006, Co-Chair, CHP Quality Performance and Improvement Council
 2004, Co-Chair, CHP Work Request Team. Developed the “Work Request Procedure”
 2003-2005, MSON Scholastic Progressions Committee.
 2003, MSON Testing and Assessment Hardware/Software Task Force
 2001/2002, MSON Academic Enrichment Program
 2000-2001, MSON Faculty Search Committee
 1999-2001, MSON Evaluation and Research Committee

II. LOCAL/STATE SERVICE AND LEADERSHIP (External)

Michigan Association of Clinical Nurse Specialists

2009-2014, Secretary of the Board

2013, Hostess for Meeting, *Innovations in Care*, University of Detroit Mercy

2011, Hostess for Meeting, *Clinical Cost Benefit*, University of Detroit Mercy

2010-2016, Legislative Outreach Circle for HB 4774 (title protection for CNSs in MI)

Community

2014-Present, Spiritual Support and Prayer. Senior Residents of Tonquish Manor, MI.

2012-Present, Professional Advisory Board Member, Oakwood Home Care Services, MI.

2016, Tutoring for NCLEX former Detroit Mercy graduates

2005-2006, Volunteer, Oakwood Healthcare System, Support for Family Caregivers, MI

III. NATIONAL SERVICE AND LEADERSHIP**National Association of Clinical Nurse Specialists**

2017-Present, Elected, Nominating Committee (Co-Chair 2017; Chair 2018)

2015- Present, Selected, Chronic Care Task Force

2016, Moderator, Annual Conference, Philadelphia, PN.

2015, Reviewer, Podium and Poster Presentations, Annual Conference

2014, Moderator, Annual Conference, Orlando, FL.

2013, Reviewer, Podium and Poster Presentations, Annual Conference

Other

2013-Field Tester, American Nurses Credentialing Center, new Adult-Gerontology Clinical Nurse Specialist certification examination

Journal Reviewer

2017, Manuscript: The role of the Clinical Nurse Specialist from the perspective of families of children born with CLP in the UK: a qualitative study. *Clinical Nurse Specialist*. Under review. Accepted

2017, Manuscript: Caregiver Health: Links with Spousal Care Recipient Disease Self—Management Outcomes. *Western Journal of Nursing Research*. Under review.

2017, Manuscript: Factors associated with the quality of life of family **caregivers** for leukemia patients in China. *Health and Quality of Life Outcomes*. Published.

2016, Manuscript: Depressive symptoms: A mediator of event-free survival in patients with heart failure. *Western Journal of Nursing Research*. Published.

2015. Manuscript: The influence of remote monitoring on clinical decision-making. *Home Health Care Management & Practice*. Published.

2014, Manuscript: Family **caregiver** burden and depressive symptoms in patients with heart failure. *The Scientific World Journal*. Published.

2013, Manuscript: A forgotten aspect of the NICE reference case: An observational study of the health related quality of life impact on **caregivers** of people with multiple sclerosis. *BMC Health Services Research*. Reviewed before and after revisions. Published.

- 2013, Manuscript: The **caregiving** perspective in heart failure: A population based study. *BMC Health Services Research*. Published.
- 2013, Manuscript: The **caregiver** burden questionnaire for heart failure (CBQ-HF): Face and content validity. *Health and Quality of Life Outcomes*. Published.
- 2012, Manuscript: Factors associated with health-related quality of life among Chinese **caregivers** of the elderly living in the community: a cross-sectional study. *Health and Quality of Life Outcomes*. Published.
- 2012, Manuscript: Healthcare sector is setting the benchmark of determining patient satisfaction and individual patient care: A literature review and survey analyses. *Patient Preference and Adherence*. Not Published.
- 2010, Manuscript: **Caregiving** for patients with heart failure: The impact on family members. *American Journal of Critical Care*. Reviewed before and after revisions. Published.
- 2010, Manuscript: Shared care dyadic intervention: Outcome trends for heart failure care **partners**. *Western Journal of Nursing Research*. Not Published.
- 2009, Manuscript: Family **caregiving** for patients with heart failure: Types of care provided and gender differences. *Journal of Cardiac Failure*. Published.
- 2009, Manuscript: Do patients with heart failure present a burden for family **caregivers**? *Journal of Cardiac Failure*. Not Published.

PROFESSIONAL DEVELOPMENT

American Nurses Credentialing Center – Adult Clinical Nurse Specialist

Board Certified, 1996-2001

*Re-certified, 2001-2006

*Re-certified, 2006-2011

*Re-certified, 2011-2016

*Re-certified, 2016-2021

*Re-certification requirements = 1000 practice hours; 75 continuing education hours

Certificate in Effective Teaching Practices

Completion of 25 Modules: Sept 2017 – April 5th, 2018

The Association of College and University Educators and the American Council on Education

Updated: MS 12-27-2018