Curriculum Vita

Mary Louise White, PhD, RN, MSN, APRN-BC, FNP
University of Detroit Mercy
College of Health Professions
McAuley School of Nursing
4001 W. McNichols, CHP #329
Detroit, MI 48221-3038
313-993-2482 (office) 248-797-4017 (cell)
whiteml@udmercy.edu

LICENSES AND CERTIFICATION

Michigan Nursing License, Number: 4704134633 — 1980 to Present

American Nurses Credentialing Center, Family Nurse Practitioner
Certification Number: 0377631 — 2002 to Present

Nurse Practitioner, Specialty Certification
Identification Number: 4704134633 — 2002 to Present

Professional Certificate in Online Education
University of Wisconsin — 2014 to Present

EDUCATION

Certificate program in professional online education — 2015
University of Wisconsin – Madison, Madison, Wisconsin

Doctor of Philosophy in Nursing — 2010
Wayne State University, Detroit, Michigan
Doctoral Program in Nursing
Focus on Urban Nursing

Master of Science in Nursing — 2002
University of Detroit of Mercy, Detroit, Michigan
MSN, Family Nurse Practitioner Program
2002 – Present Board-Certified Family Nurse Practitioner

Bachelor of Science in Nursing — 1998
University of Detroit-Mercy, Detroit, MI
Graduated Summa Cum Laude

Associate Degree in Nursing
Macomb Community College, Clinton Twp, Michigan — 1980

ACADEMIC EXPERIENCE

University of Detroit Mercy, College of Health Professions, McAuley School of Nursing, Detroit, Michigan

Professor	2018-Present
Associate Professor with Tenure	2010 to 2018
Assistant Professor Tenure Track	2004 to 2010
Adjunct Professor	2002 to 2004
Graduate Assistant	2000 to 2002

Teaching responsibilities as Professor (2018-Present)

- Graduate level theory classes to students in the Doctor of Nursing Practice program
- Graduate level Advance Pharmacology to Nurse Practitioner and Certified Nurse Specialist students (Course director)
- Graduate level Advance Pathophysiology to Nurse Educator, Nurse Practitioner, and Certified Nurse Specialist, Physician Assistant students (Course director)
- Graduate Level Health Promotion to Certified Nurse Anesthetist, Physician Assistant, and Health Service Administration students (Course director)
- Research Methods Graduate Physician Assistant and Health Service Administration

Teaching responsibilities as Associate Professor with Tenure (2010 - Present)

- Graduate level theory classes to students in the Doctor of Nursing Practice program
- Graduate level Advance Pharmacology to Nurse Practitioner and Certified Nurse Specialist students (Course director)
- Graduate level Advance Pathophysiology to Nurse Educator, Nurse Practitioner, and Physician Assistant students (Course director)
- Graduate Level Health Promotion to Certified Nurse Anesthetist, Physician Assistant, and Health Service Administration students (Course director)
- Graduate Level Health Care Policy and Delivery Certified Nurse Anesthetist, Physician Assistant, and Health Service Administration students
- Undergraduate level Professional Practice from a Mercy and Jesuit Perspective to second degree option students
- Undergraduate level Leadership in Transformational Practice (Course developer/director)
- Undergraduate Pharmacology to the traditional BSN students (Course developer/director)
- Undergraduate Pharmacology to the traditional BSN students (Course developer/director)
- Undergraduate level Transition to the Professional Nurse to BSNc Students
- Undergraduate level Project development Phase 1 – Choosing your Research Focus to BSNc Students
- Undergraduate level Project development Phase 2 – Implementation Plan to BSNc Students
- Undergraduate level Project development Phase 3 – Methods to BSNc Students
- Undergraduate level Project development Phase 4 – Dissemination to BSNc Students
- Advance Med/Surgery, both didactic and clinical;
- Lecturer for Pharmacology and Pathophysiology
- Physical Assessment; and Evidenced Based Culturally Competent Care.
- Clinical instructor on a nephrology/hemodialysis unit at Sinai-Grace Hospital.

Teaching Responsibilities as Assistant Professor (2004 to 2010)

- Pharmacology for Advanced Practice Nurses – Course Director
- Clinical Practicum for Graduate Family Nurse Practitioner Students
- Health Restoration of Adults and Their Families
- Health Restoration of Adults and Their Families – Course Director
- Integrated Practicum with Adults and Their Families – Clinical Coordinator
- Advanced Pathophysiology – Course Director
- Pharmacology for Advanced Practice Nurses – Course Director
- Clinical Practicum for Graduate Family Nurse Practitioner Students

Teaching Responsibilities as Adjunct Professor (2002 – 2004)

University of Detroit-Mercy Detroit, MI

Adjunct Faculty, McAuley School of Nursing

- Taught clinical lab in medical-surgical nursing
- Taught as clinical instructor on a medical-surgical/orthopedic lockdown unit at Sinai-Grace hospital
- Clinical preceptor to eight students during the final phase of their baccalaureate program
- Attended data entry course at Sinai-Grace hospital and introduced all clinical students to electronic charting
- Taught NCLEX workshop for English as a Second Language students
- Instructed students in a physical assessment course, including lecture and didactic, for RN-BSN program
- Faculty position at McAuley Nurse Managed Center, primary care as practicing part-time NP, practicing as Certified Family Nurse Practitioner for the underserved and impoverished.

Graduate Assistant - University of Detroit-Mercy Detroit, MI (2000 –2002)

- Enrichment of at-risk students
- Taught remedial class for passage of ERI examinations
- Organized and taught NCLEX workshop

Academic Administrative Responsibilities

Scholarly Initiative Director

Title: Director, Research and Scholarship Initiative
Department: College of Health Professions/McAuley School of Nursing
Reports to: Dean of CHP/MSON
Responsibilities of the Director of Research and Scholarship

The Director of Research and Scholarship is a senior member of faculty who has achieved full professor status and is a research expert (CHP/MSON). The Director plans, organizes, assist, and implements comprehensive research program for the faculty of CHP/MSON. The Director serves as mentor and collaborator for faculty colleagues wanting to conduct research. In the performance of these duties, the Director is works collaboratively with the Dean of CHP/MSON and Associate Dean, CHP/MSON and with faculty colleagues to provide research support for CHP/MSON faculty conducting research in an orderly and equitable manner through regular meetings.

In addition to the general responsibilities as stated above, the Director of Research and Scholarship and has the following specific duties:

- The Director articulates the goals of Scholarship and Research in collaboration with programs in the CHP and MSON. Leads the Scholarly Initiative Team.
- The Director nurtures community partnerships and maintains a climate that is hospitable, caring and encourages faculty engagement and participation in scholarship and research within those institutions.
- The Director Collaborations with appropriate administrative staff and faculty on developing and annual research day for the CHP/MSON
- The Director is receptive to questions, suggestions, critiques from faculty on needs assessment with regards to Scholarship and Research.
- The Director is ready to assist faculty in any roadblocks within the Scholarship and Research process
- The Director is responsible for recommending equipment, supplies for purchase projecting space and equipment needs for conducting and nurturing research in the CHP/MSON
- The Director conducts regular meetings with faculty and to motivate and encourage them to conduct Scholarship and Research on topics that can advance the science of healthcare.
- The Director will distribute information to the faculty and staff on upcoming opportunities to present research findings at conference and meetings locally, nationally and internationally.
- The Director will assist faculty and student collaboration with those interested in Scholarship and Research projects.
- The Director will collaborate with Faculty Research and Development (FRAD) committee in compliance with the UDMPU.
- The Director will work as a liaison with grant coordinators at UDM (University of Detroit Mercy)
- The Director will engage in intercollegiate Scholarship and Research and act as the catalyst to nurture this relationship as a liaison to the Dean and Associate Dean.

Program Outcomes

The Director will work collaboratively with MSON/CHP committees, Dean, Associate Dean CHP/MSON, and the university to implement, monitors, and share outcomes of research by faculty and students that will advance the science of healthcare locally and nationally.

- The Director will monitor research activities to encourage that findings are published or presented.
- The Director will act as a liaison to assist faculty to conduct research in an equitable and ethical manner.
- The Director will work with Dean, Associate Dean to ensure the mission and community partnerships are nurtured in the area of Scholarship and Research.

Chairperson for RN to BSN program (BSNc)

- Development of new curriculum
- New faculty hiring, scheduling, and orientation,
- Curriculum and course development,
- Recruiting students through marketing programs from local hospitals and community colleges
  - Increased student enrollment from 30 students to 365 students)

  - Recruited nurses on all three shifts, seven days a week
- Instituted four meetings to reconnect noncompleters from prior program to finish their programs
- Developed articulation agreements with community colleges
- Responsible for budget
- Academic advisor to transfer students in RN/BSN program Developed electronic tracking to maintain contact with students throughout their programs
- Created a new advising form
- Coordinated with support staff
- Supervised RN-BSN Research Projects
  - The Influence of Copy and Paste in the Health Care System
  - Putting the squeeze on SCDs
  - Incivility of ADN and BSN
- Taught classes in program
  - Undergraduate level Transition to the Professional Nurse (Module 1)
  - Leadership and Transformational Practice (Module 2)
  - Assessment for the Practicing Nurse (Developed Module 3)
  - Clinical Inquiry and Management (Module 3)
  - Undergraduate level Project Development Phase 1 – Choosing your Research Focus
  - Undergraduate level Project Development Phase 2 – Implementation Plan
  - Undergraduate level Project Development Phase 3 – Methods
  - Undergraduate level Project Development Phase 4 – Dissemination

PROFESSIONAL PRACTICE EXPERIENCES

University Health Clinic, University of Detroit Mercy, Detroit, MI 2007-2015

- Nurse Practitioner
- Providing primary care to college students from diverse cultural backgrounds.
- Diagnosis, treatment, and referral for health issues across the medical spectrum.
- Educational programming to encourage healthy lifestyle activities to student population.

Dr. Mark Zahoury, DO, Internal Medicine, Troy, MI 2006
Nurse Practitioner

- Evaluation and management of adult complex patient care in an internal medicine practice.
- Health promotion and education to help patients understand their current diagnosis and prevent future health issues.
- Coding and billing of patient forms.

Birmingham Family Practice, Birmingham, MI 1991 - Present
Nurse Practitioner / Manager

- Hiring and training of office staff
- OSHA and MIOSHA compliance
- Client care and scheduling

William Beaumont Hospital, Royal Oak, MI 1989 – 1990
Cardiac Catherization Laboratory

- Developed and implemented job description and position
- First staff nurse to be permanently assigned to the cardiac catherization lab
- Preoperative and postoperative patient care and scheduling
- Liaison between cardiac cath lab and the CCU for transitioning patients from one unit to another
- Participated in first valveuloplasty performed on a seven months' pregnant patient
- ACLS certified

William Beaumont Hospital, Royal Oak, MI 1985 – 1989
- Staff Nurse / Charge Nurse
- Staff management position on a cardiac step-down unit for post open-heart surgery patients
- Continuation of duties on a part-time and then contingent basis
- ACLS certified

William Beaumont Hospital, Royal Oak, MI 1982 – 1985
- Staff Nurse / Charge Nurse
- Staff nurse position on a cardiac step-down unit for post open-heart surgery patients
- Advanced from staff nurse to preceptor to charge nurse
- ACLS certified

St. Joseph's Mercy Hospital – East, Mt. Clemens, MI 1981 – 1982
- Shift Charge Nurse
- ICU/CCU combined unit
- Experience in pediatrics, neurology, and neuro-ICU medical management
- ACLS certified
- Neuro-seminar certification

Pontiac Osteopathic Hospital, Pontiac, MI 1980 – 1981
- Staff Nurse
- Began at GN level, transferred to ENT unit, then to Medical/Surgical/Oncology unit
- Promoted to charge nurse
- ACLS certified

SERVICE

University Level
- Online Learning Community Committee (Joint between University of Detroit Mercy and Wayne State University 2021-2023
- University of Detroit Mercy Assessment Team Committee member and co-chair 2016-2019 Developed university outcomes that are now being used.
- Present Committee Member – Higher Education Research Institute (HERI) Survey Faculty Committee 2016
- Committee Member – Task Force for Innovations for Teaching 2012-2013
- Committee Member – Junior-Senior Faculty Mentoring Committee 2011-2016
- Committee Member – Graduate Review Committee 2010-2012
- Participated as a volunteer for Viewpoints for Incoming Freshmen 2010-2011

- Participated in Heartland Delta VI at Zavier University in Cincinnati, Ohio. 2010
- University of Detroit Mercy McNichols Course/Instructor Evaluation Committee 2007-2009
- Attended all Junior-Senior Faculty Mentoring Meetings 2007-present
- *Nutrition: Guidelines for everyday eating.* Content expert lecturer UDM's Staff Development for University Libraries/IDS, Detroit, Michigan. 2005
- Volunteer Freshman move-in day by giving immunizations to new students. 2004-2015
- Volunteer for Prologues, Transitions, and Viewpoint (PTV) activities with incoming freshman students 1994 to present

College of Health Professions

- Committee Member – Faculty Research and Development (FRAD) 2021
- Committee Member – Simulation Center Renovation 2019 to present
- Chair – Interprofessional Committee 2015- 2020
- Founding Member – Social Amenities Committee 2011-2013
- Committee Member –Interdisciplinary Committee 2010-2016
- Committee Member – Research and Grants Committee 2006-2010
- Chair – Quality and Performance Improvement Council 2006-2009
- Committee Member – Quality and Performance Improvement Council 2006-2007
- Committee Member – Elections Committee 2004-2006
- Subcommittee Member – Steering and Integration Council 2004-2006

McAuley School of Nursing

- Co-Chair – MSON Academic Progression Committee 2021-2022
- Committee Member – MSON Academic Progression Committee 2018-2020
- Committee Member – MSON Promotion and Tenure Committee 2017
- Committee Member – Faculty Search Committee 2017-2018
- Committee Member – CCNE Accreditation Committee Member 2016-2017
- Committee Member – Bachelor of Science in Nursing to Doctor of Nursing Practice 2016
- Committee Member – Quality Team Committee 2016-2018
- Committee Member - NE/AG-CNS and AG-CNS Post Graduate 2015-present
- Committee Member – Graduate Committee 2014-present
- Co-chairman of Quality Process Improvement Committee
- Performance Improvement and Effectiveness Committee 2012-2016
- BSNC Instruction – Chair 2010-2013
- BSNC Operations – Chair 2010-2013
- Undergraduate Administrative Team Committee 2010-2013
- Committee Member – Pathophysiology/Pharmacology/Adult Health Curriculum Review Committee 2010-2011
- Committee Member – Student Development and Retention Committee 2010-2011
- Volunteer driver for two accreditation site visits. 2010
- Committee Member –Associate Dean Search Committee 2009-2011
- Committee Member – Evaluation and Outcomes Committee 2009-2010
- Committee Member – NCLEX Taskforce Committee 2009-2010
- Chair – Awards & Scholarship Committee 2006-2008
- Committee Member – Awards & Scholarship Committee 2004-2005

- Volunteer for Graduation Ceremony for Second Degree Option Program.2004
- Volunteer to prepare a temporary clinical lab in the CHP building for student use at UDM. 2004
- Volunteer driver for two accreditation site visits. 2004

GRANTS

Internal

- **White, M. L**., Groh, C., & Allen, W. (2018). Improving Health Outcomes for African-Americans with High Blood Pressure Using Spirituality and Spiritual Self-care in a Faith-based Setting. University of Detroit Faculty Research Grant (Funded for $5,320.00)

External

- **White, M. L.,** Platt, M., McCune, R. L., Kwasky, A., Ruel, J., Bozimowski, G., Yastick, J., Waters, K. (2010). **Development a Smart Center for McAuley School of Nursing**. Robert Wood Johnson Grant. (not funded.)

PROFESSIONAL MEMBERSHIPS

- Michigan Council of Nurse Practitioners
- Michigan Nurses Association
- Orem International Society
- American Nurses Association
- Sigma Theta Tau
- American Organization of Nurse Executives
- Caritas International Coach Member

SCHOLARSHIP

Poster Presentations (Refereed):

International

White, M. L., et al. **Examining the effectiveness of two solutions used to flush capped pediatric peripheral lines at Children's Hospital of Michigan.** Poster session presented at Sigma Theta Tau's 18th International Nursing Research Congress Focusing on Evidence-Based Practice, July 13, 2007, Vienna, Austria.

White, M. L., et al. **Implementing a change: Switching from heparin to saline in pediatric peripheral lines**. Poster session presented at University of Windsor's Research Day, October, 2006, Windsor, Ontario, Canada.

National

White, M. L., Groh, C., Allen, W. (February 28 to March 1, 2019). Presentation at the ANA-Michigan Conference and Annual Meeting, Grand Rapids, MI, "Improving Health Outcomes for African-American Hypertension Patients Using Spirituality and Spiritual Self-Care in a Faith Based Setting" (Received Best Poster Award)

Marshall, K., & White, M. L. **Collaborative Learning with Bachelors of Science Completion Students and Traditional Nursing Students.** Evidence-based Teaching and Learning, Lilly Conference, (October 17-20, 2013), Traverse City, Michigan.

White, M. L. **Spiritual Self-care Practices as a Mediator between Quality of Life and Depression**. Poster Presentation at the Midwest Nursing Research Society Annual Meeting Living Well with Chronic Conditions: Implications for Nursing Science. March 7-10, 2013. Chicago, IL.

White, M. L.& Schim, S. **Development of an Instrument to Measure Spiritual Self-Care Practices**. November 4 and 5, 2010. 2010 Mayo Spiritual Care Research Conference Spirituality and Health Across the Life Span: Investigation and Application. Mayo Clinic, Rochester, MN Poster Presentation - National Conference)

White, M. L. et al. **Society of Pediatric Nurses 20th Annual Convention. Examining the Effectiveness of Two Solutions Used to Flush Capped Pediatric Peripheral IV Lines at Children's Hospital of Michigan**, April 30 – May 2, 2010. Poster Presentation. Lake Buena Vista FL.

White, M. L. & Schim, S. **Development of a Tool to Measure Patients' Perceptions of Spiritual Practices in Health Care Settings**. Poster presentation at the Midwest Nursing Research Society Annual Meeting, April 8, 2010, Kansas City, KS.

White, M. L., (2011). **Spirituality and Spiritual Self-Care: Expanding Self-Care Deficit Nursing Theory.** Poster session presented at University of Detroit Mercy's Research Day, Detroit, MI.

White, M. L. **Spirituality and Spiritual Self-care: Expanding Nursing Self-care Deficit Theory**. November 4 and 5, 2010. 2010 Mayo Spiritual Care Research Conference Spirituality and Health Across the Life Span: Investigation and Application. Mayo Clinic, Rochester, MN Poster Presentation - National Conference)

White, M. L. (2010). **Spirituality and Spiritual Self-Care: Expanding the nursing deficit care theory**. Poster presentation - Wayne State University Graduate School Exhibition, March 10, 2010, Detroit, MI.

White, M. L. (2010). **Spirituality and Spiritual Self-Care: Expanding Self-Care deficit care theory**. Poster presentation – Wayne State University College of Nursing Research Day. March 31, 2010. Detroit, MI.

White, M. L. (2010). **Development of an instrument to measure spiritual self-care practices.** Wayne State University College of Nursing Research Day. March 31, 2010. Detroit, MI.

White, M. L. et al., (2010). **Examining the effectiveness of two solutions used to flush capped pediatric peripheral lines at Children's Hospital of Michigan.** Poster session presented at University of Detroit Mercy's Research Day, April, Detroit, MI.

White, M. L., **Development of a Tool to Measure Patients' Perceptions of Spiritual Practices in Health Care Settings.** Poster session presented at University of Detroit Mercy's Research Day, April 2010, Detroit, MI.

White, M. L. et al., **Examining the effectiveness of two solutions used to flush capped pediatric peripheral IV lines at Children's Hospital of Michigan**. Poster presentation at the Midwest Nursing Research Society Annual Meeting. March, 2008, Indianapolis, IN.
State

White, M. L., **Spirituality and Spiritual Self-Care: Expanding Self-Care Deficit Nursing Theory.** Poster session presented at University of Detroit Mercy's Research Day, April 2010, Detroit, MI.

White, M. L., et al. **Examining the effectiveness of two solutions used to flush capped pediatric peripheral lines at Children's Hospital of Michigan.** Poster session presented Children's Hospital, September, 2008, Detroit, MI.

White. M. L., & Groh, C. J. **Depression and quality of life in women after a myocardial infarction**. Poster session presented at University of Detroit Mercy's Research Day, April 2007, Detroit, MI.

White, M. L., et al. **Examining the effectiveness of two solutions used to flush capped pediatric peripheral lines at Children's Hospital of Michigan**. Poster session presented at University of Detroit Mercy's Research Day, April 2007, Detroit, MI.

White, M. L., et al. **Examining the effectiveness of two solutions used to flush capped pediatric peripheral lines at Children's Hospital of Michigan.** Poster session presented at Wayne State University's Nursing Research Day, March 2007, Detroit, MI.

White, M. L., et al. **Implementing a change: Switching from heparin to saline in pediatric peripheral lines.** Poster session presented at RN-AIM's 1st Annual Research Conference, September 2006, Holland, Michigan.

Key Note/Invited Speaker

White, M. L., Groh, C., & Allen, W. **(2021).** Topic was "Improving Hypertension Outcomes for African Americans Using Spirituality and Spiritual Self-care in a Faith-based Setting." Second Global Virtual Summit on Nursing Education: The Frontline Warriors. Tokyo, Japan.

White, M. L. (2021). Topic was "The Influence of Spiritual Self-Care Practices and Resilience on Health and Well-Being for Nursing Students." 58th World Advanced Nursing and Nursing Practice Congress, London, England.

White, M. L. (2019). Topic was "The Health and Well-Being of the Nursing Workforce Globally." Fifth International Nursing Conference. Rome, Italy.

White, M. L., (2018). Henry Ford Macomb Hospital Research Conference. Topic was "Using Spiritual Self-Care to Take Care of You" Based on this presentation, the Wellness Room for Nurses at HFHS Macomb was created.

White, M. L. (2017). Moderating Effects of Self-care on the Relationship between Depression and Quality of Life. "Why We Do the Things We Do" Nursing Research Conference. Henry Ford Hospital – Macomb. Clinton Township, MI

White, M. L. (2017). **Nursing Research and Evidence-based Practice: It all Begins at the Bedside**. St. Joseph's Hospital Evidence-based Research Day (Continuing Education for Nurses)

White, M. L. (2017). **The Influence of Spiritual Self-care Practices and Resilience on Health and Well-Being for Nursing Students.** (Specialty Speaker). International Conference on Nursing Science & Practice, Irving, TX.

White, M. L., (2017). **Is this the Right Tool?** Invited Speaker at Henry Ford Hospital (Main) Research Council.

White, M. L. **Spirituality and Spiritual Self-Care: Expanding Self-Care Deficit Nursing Theory.** Invited Symposium Presentation – Midwest Nursing Research Society Annual Meeting, March 31, 2011, Columbus, OH.

White, M. L. **Spirituality and Spiritual Self-care: Expanding Nursing Self-care Deficit Theory**. November 4 and 5, 2010. 2010 (Invited Speaker) Mayo Spiritual Care Research Conference Spirituality and Health Across the Life Span: Investigation and Application. Mayo Clinic, Rochester, MN)

Podium Presentations (Refereed)
International

White, M. L. (2021). **Exploring new ideas and challenges in Nursing Education and Research**. 2nd Annual Global Virtual Summit on Nursing Education. October 4-8, 2021.

White, M. L. (2020). Faculty Caring Guidance Program Based on Watson Caring Science. Presented at the 26th International Caritas Consortium Unitary Caring Science: Throwing the Road Out Ahead Amidst Global Pandemic. Virtual.

White, M. L., McCune, R., & Sherrick-Escamilla, S. A. (2020). **The Influence of Spiritual Self-Care Practices and Resilience on Health and Well-Being for Nursing Students Theory: White's Theory of Spirituality and Spiritual Self-Care**. November 4-5, 2019, Nursing Theories: Moving Forward Through Collaboration, Application and Innovation International Conference. Washington, DC.

White, M. L. (2019). **The Influence of Spiritual Self-Care Practices and Resilience on Health and Well-Being for Nursing Students Theory: White's Theory of Spirituality and Spiritual Self-Care**. November 13-15, 2019. Nursing Theories: Moving Forward through Collaboration, Application and Innovation, Rome, Italy.

White, M. L. (2017). Factors Contributing to Quality of Life for Individuals Diagnosed with Chronic Diseases. 2nd International Nursing Conference. Barcelona, Spain.

White, M. L. (June 25, 2015). **Spirituality Self-Care Practices as a Mediator between Quality of Life and Depression.** Sowing the Seeds Conference, Trinity College, Dublin, Ireland.

White, M. L. (May 11, 2012). **Spirituality Self-Care Effects on Quality of Life for Patients Diagnosed with Chronic Illness**. International Orem Society. Luxembourg.

National

White, M. L., & Verdusco, L. M (August 9-11, 2016). **Tools and principles for effective online communication**. University of Wisconsin – Madison Distance Teaching and Learning Conference, Madison, WI.

White, M. L. (March 5, 2012). **Spirituality Self-Care Practices as an Extension of Orem's Self-care Deficit Theory. Driving the Future' 12 – Self-Care and Wellness.** Conference at Kent State University, Kent, Ohio.

White, M. L. et al., **Examining the effectiveness of two solutions used to flush capped pediatric peripheral lines at Children's Hospital of Michigan.** Presentation at the Midwest Nursing Research Society Annual Meeting, April 8, 2010, Kansas City, KS.

Local

White, M.L. & Sanders, D. (2022). **Instructor availability and flexibility while maintaining rigor in online teaching**. Presentation to online community of University of Detroit Mercy and Wayne State University.

Lamb, A., & **White, M. L.** (2022). **Interprofessional education: Educating health care professionals together**. Michigan Academy of Science Arts and Letters.

White, M. L., Ludwig, K., Abraham, S. (2022). **Using Spirituality and Spiritual Self-Care Practices and Intentional Caring To take Care of You and Your Nursing Environment Spiritual Caritas Educational Units Transformation of Educating Nurses**. Henry Ford Macomb Hospital on May 3, 2022.

White, M. L., Allen, W., Keep, S., Moner, K. A., Vaugn-Deneen, T. (2022). **Spirituality and spiritual self-care theory: Existential connectedness in uncertain times.** University of Detroit Mercy College Development Day.

White, M. L. (2019). **Improving Health Outcomes for African-American Hypertension Patients Using Spirituality and Spiritual Self-care in a Faith-based Setting**. Henry Ford Hospital System 14th Research Conference on April 2, 2019.

Mary L. White, Rene McCune, Elizabeth S. Roberts-Kirchhoff, Jill Turner, Mike Verdusco **(2017). Using the University Syllabus Template to Develop Outcomes-Based Assessment.** University of Detroit Colleague Development.

White, M. L. (2015). Spirituality as a social determinant of health. Panel Presentation. The 2015 Interfaith Health and Hope Coalition Prayer Event

White, M. L. & Verdusco, M**.** (2015). **Effective online communication**. University of Detroit Mercy Colleague Development Day 2015

White, M. L. (2014). R**ecruiting and Retaining Students in Nontraditional Nursing Program**. University of Detroit Mercy, Colleague Development Day 2014

White, M. L. Spirituality Self-Care Effects on Quality of Life for Patients Diagnosed with Chronic Illness. Presentation at Sigma Theta Tau Lambda Zeta, University of Detroit, Mercy, Detroit, MI. May 3, 2012.

White, M. L. (2006). **Depression and quality of life issues in women post-MI: A pilot study**. Wayne State University College of Nursing Research Day. March 22, 2006.

White, M. L. The evolution of a first myocardial infarction: A female perspective. Oral presentation given at Michigan Council of Nurse Practitioners' 4th Annual Conference, March 13, 2005, Dearborn, Michigan.

Presentations – Nonrefereed

White, M. L., Abrams, S., & Ludwig, K. (2022). **Using spirituality and spiritual self-care practices and caring to take care of you and your nursing environment**. Presentation to Dean Baiardi, Associate Dean Tate, and Assistant Dean Carter.

White, M. L. (2022). **Caring science and spiritual self-care**. Invited by Henry Ford Hospital for Nursing Week. (Five separate presentations)

Guest Lecturer:
White, M. L. **Examining the effectiveness of two solutions used to flush capped pediatric peripheral lines at Children's Hospital of Michigan**. Guest lecturer in NUR 7018 at Wayne State University, July 2007, Detroit, MI.

White, M. L. Mishel's Theory of Uncertainty. Guest lecturer in NUR 502 at the University of Detroit Mercy, February 2007, Detroit, MI.

White, M. L. Examining the effectiveness of two solutions used to flush capped pediatric peripheral lines at Children's Hospital of Michigan. Guest lecturer on evidence based practice in NUR 8040 at Wayne State University, October 2006, Detroit, MI.

White, M.L. Nutrition: guidelines for everyday eating. Guest lecturer
UDM's Staff Development for University Libraries/IDS, August 2005, Detroit, Michigan.

Publications:
White, M. L., & Verdusco, M. (2018). Communication between health care providers and the elderly. ***Home Healthcare Now.*** *38*(3), 181-184. doi: 10.1097/NHH.0000000000000653

Rouen, Patricia, & **White, M. L.** (2018). Identification and management of dry eye disease. ***Home Healthcare Now.*** *36*(2), 2-11. doi:10.1097/NHH.0000000000000652

White, M. L. (2016). Spirituality self-care practices as a mediator between quality of life and depression. **Religion**. *7*(54), 1-10. doi:10.3390/rel7050054

Fleck, L. M., Norwood, B., Secrest, J. Keatley, V. M., Berbiglia, V. A., **White, M. L.** (2014). Health deviation self-care requisites (HDSCRS). **Self-Care, Dependent Care & Nursing – The Journal of the International Orem Society**, *21*(1), 23-25. Retrieved from http://static1.squarespace.com/static/55f1d474e4b03fe7646a4d5d/t/55f35f5de4b0fb5d95ae3b8c/1442013021353/Vol21_No01_Fall14.pdf

White, M. L., & Schim, S. (2013). Development of a Spiritual Self-Care Practice Scale. **Journal of Nursing Measurement**. *21*(3), 450-462. http://dx.doi.org/10.1891/1061-3749.21.3.450

White, M. L. (2013). Spirituality self-care effects on quality of life for patients diagnosed with chronic illness. **Self-Care, Dependent Care & Nursing – The Journal of the International Orem Society,** 20(1), 23-32. Retrieved from http://static1.squarespace.com/static/55f1d474e4b03fe7646a4d5d/t/55f35f45e4b0fb5d95ae3b0b/1442012997408/Vol20No01Spring13.pdf

White, M. L. (2012). Spirituality self-care effects on quality of life for patients diagnosed with chronic illness. ***Bulletin Luxembourgeios des Questions Sociales Congress Papers*****,** *29*, 285-304.

White, M. L., Crawley, J., Renne, E., Lewandowski, L. (2011). Examining the effectiveness of two solutions used to flush capped pediatric peripheral lines. **Journal of Infusion Nursing.** *34*(4). 260-270. doi: 10.1097/NAN.0b013e31821da29a

White, M. L., Peters, R., & Schim, S. (2011). Spirituality and Spiritual Self-Care: Expanding Self-Care Deficit Nursing Theory. ***Nursing Science Quarterly,*** *24*(1), 48-56. doi:10.1177/0894318410389059

White. M. L., & Groh, C. J. (2007). Depression and quality of life in women after a myocardial infarction. ***Journal of Cardiovascular Nursing*****,** *22*(2); 138-144.

Other Scholarship Activities

Member Nurse Residency Advisory board – Henry Ford Macomb
Member of Research Advisory Board - Henry Ford Macomb
Reviewer – *Religions — Open Access Theology Journal*
Co-editor – *Self-Care, Dependent-Care & Nursing*, The Official Online Journal of the International Orem Society

HONORS/AWARDS

- University of Detroit Mercy Faculty Excellence Award: **White, M. L.** (2021)
- Best Poster Award: **White, M. L.**, Groh, C., Allen, W. (February 28 to March 1, 2019). Presentation at the ANA-Michigan Conference and Annual Meeting, Grand Rapids, MI, "Improving Health Outcomes for African-American Hypertension Patients Using Spirituality and Spiritual Self-Care in a Faith Based Setting" ()
- Institute for the Biocultural Study of Religion (2011). White, Mary L, Rosalind Peters & Stephanie Myers Schim. 2011. Spirituality and spiritual self-care: expanding self-care deficit nursing theory. Nursing Science Quarterly 24(1). 48-56. doi:10.1177/0894318410389059. Retrieved from file:///G:/articles/IRR_201101%20(2).pdf.
- Park named for Mary L. White by City of Huntington Woods in honor of 25 years of public service.
- State of Michigan Special Tribute to Dr. Mary White for 21 outstanding years in public service
- Oakland County Board of Commissioners Proclamation honoring Huntington Woods Mayor ProTem and City Commissioner Dr. Mary White for distinguished service
- Proclamation from City of Huntington Woods recognizing the public service of Dr. Mary Louise White
- Graduate School Summer Intern Fellowship Award. Wayne State University, Detroit, MI.

- Dissertation Research Award. Monetary award to help with dissertation expenses.
- State of Michigan – Nursing Corp. Grant for Tuition. Two-year grant.
- Received monetary scholarship from Sigma Theta Tau, Lambda Zeta Chapter, to attend 18th International Nursing Research Congress Focusing on Evidence-Based Practice.
- Received monetary scholarship from School of Nursing, Wayne State University, to attend the MNRS Conference in Omaha, Nebraska.
- Recipient of the Family Nurse Practitioner Student Award of Academic Excellence
- American Heart Association Volunteer of the Year Recipient
- Tell Me About Your Heart Day – Elementary Education Award from American Heart Association Southeast Oakland County
- Sigma Theta Tau, Lambda Zeta Chapter Research Award
- President Emeritus – Sigma Theta Tau, Lambda Zeta Chapter

NURSE EXPERTISE

Participated in the National League for Nursing (NLN) and Professional Examination Service (PES) for Practice Analysis Workshops on Pathophysiology and Pharmacology, which included six national conference calls. The culmination of the project was development of graduate-level examinations in Pathophysiology and Pharmacology, to be used nationwide as a measurement tool for nurse practitioners. 2005

COMMUNITY SERVICE

- Commissioner, City of Huntington Woods, Michigan: November, 1995 to 2015
- Mayor Pro-Tem, City of Huntington Woods, Michigan: November 1998, 2002, 2006, 2010, 2015.
- Member of City of Huntington Woods, Michigan Planning Commission
- National League of Cities Member: November, 1995 to present
- Michigan Municipal League Member: November, 1995 to present
- Michigan Women in Municipal Government Member: November, 1997 to present
- City of Huntington Woods Tree Board, Commissioner Liaison: November, 2004 to 2015
- City of Huntington Woods Senior Advisory Committee Member Liaison
- City of Huntington Woods President of Resident's Association
- St. Joseph Mercy – Oakland Hospital – Committee member Research Board
- Henry Ford Macomb – Committee Member Research Board
- American Heart Association Southeast Oakland County Volunteer
- Mercy Primary Care – Pontiac, Michigan: Volunteer as a nurse practitioner when called upon.
- Senior Fair Workshop – Detroit, Michigan: Volunteer as a nurse practitioner with graduate FNP students to provide medical care for over 200 senior citizens from all over southeast Michigan.
- Treasurer: International Academy P.T.I.A., Bloomfield Hills, MI
- Past President: Huntington Woods Babysitting Co-op.
- City of Berkley Recreation Volunteer for Roller Hockey Coach
- City of Huntington Woods Recreation Volunteer for Basketball Coach
- City of Huntington Woods Recreation Volunteer for Baseball Coach
- City of Huntington Woods Recreation Volunteer for Halloween Hoedown

- City of Huntington Woods Recreation Co-chair for Fourth of July Parade
- Berkley School District Building Advisory Board Committee Member
- Berkley School District Environmental Safety Committee Chair

Founding Member:
- Tri-County Coalition: Berkley, Huntington Woods, and Oak Park, Michigan, a substance abuse prevention organization.
- Women's American ORT: Huntington Hill Chapter; held the offices of program chair, foreign affairs, and president.
- City of Huntington Woods Recreation Expansion

Life Member:
- University of Detroit Alumni Association
- Wayne State University Alumni Association
- Trout Unlimited
- Sigma Theta Tau: President Emeritus, Lambda Zeta Chapter

Member:
- Hope Village Initiative, Focus Hope, Advisory Board Member.
- Huntington Woods Resident's Association: Past President
- American Heart Association of Southeastern Michigan, Oakland Chapter: Past President, Community Outreach Coordinator, and Guest Lecturer.
- Beth Shalom Synagogue, Oak Park, MI: Former member Executive Board of Directors; member of the Budget and Finance Task Force.
- Burton School P.T.A.: Frequent volunteer; Ticket Chair – Burton Ice Cream Social, Chair of Personal and Safety Awareness Committee.

CONTINUING EDUCATION

- Planning committee for 26th International Caritas Consortium Unitary Caring Science: Throwing the Road Out Ahead Amidst Global Pandemic, 2020.
- Steering Committee for International Collaborative Theory Conference, Washington, DC. (2019).
- Caritas Coach Education Program, Watson Caring Science Institute, San Francisco. October 2018 to May, 2019.
- Journey Within: Nurture Your Inner Self Conference on Friday, March 23, 2018
- 14th Annual Nursing Research Conference 2018, Cleveland Clinic, Cleveland, OH
- Pharmacology for Advanced Practice Clinicians, San Francisco, CA. – A comprehensive course that addresses the pharmacology and therapeutic uses of current medications used for primary care, as well as common clinical issues and concerns related to prescribing. 2016
- University of Wisconsin-Madison: Professional Certificate in Online Education. Program provided instruction on designing and implementing online courses, and assessing online learners to maximize the effectiveness of online courses. 2014
- National Lilly Conference on College and University Teaching at Traverse City, MI. 2013
- University of Detroit Mercy – Women in the University of Detroit Mercy Leadership Seminar 2012
- Fitzgerald Health Education Associates, Inc. Oakbrook, IL. 2010

Six day advanced intensive pharmacology course for advanced practice nurses and nurse practitioners.

- NCLEX Test Question Development at UDM. 2010
- University of Detroit Mercy, McAuley School of Nursing, and Lambda Zeta Chapter of Sigma Theta Tau, Current Practices in the Management of Pain. 2010
- Sigma Theta Tau Pain Management Conference. 2010
- Midwest Nursing Research Society Annual Meeting. 2010
- Children's Hospital - Evidence-based Practice Conference. 2009
- NCLEX Teleconference at UDM. 2009
- Sigma Theta Tau's 18th International Nursing Research Congress, Vienna, Austria Evidence-Based Practice. 2007
- Michigan Council of Nurse Practitioners, Troy MI – Primary Care Conference 2006. University of Detroit Mercy, McAuley School of Nursing, and Lambda Zeta Chapter of Sigma Theta Tau, Current Practices in the Management of Pain. 2006
- Medical Education Collaborative (Columbia University College of Physicians and Surgeons) Women's agenda targeting cholesterol in heart disease. 2006
- Michigan Nurses Association – Family practice immunization update. 2005
- Michigan Nurses Association –Diabetes standards of care: The Michigan diabetes outreach model. 2005
- Michigan Council of Nurse Practitioners – The ever-changing ties in health care: Plotting the course of advanced practice nursing. 2005
- Michigan Council of Nurse Practitioners – Where nursing is now. 2005
- National League of Nursing – Improving confidence in the results of classroom multiple-choice exams. 2004
- University of Detroit Mercy, McAuley School of Nursing – Evaluating Online Courses. 2004
- University of Detroit Mercy – Suturing workshop for the primary care setting. 2004
- University of Detroit Mercy, McAuley School of Nursing, and Lambda Zeta Chapter of Sigma Theta Tau, Disaster Preparedness: Medical Reserve Team. 2004
- Jansen Pharmaceuticals – The use of Topamax for migraine headaches. 2004
- Eli Lilly Pharmaceuticals – Treating osteoporosis with Avista and Forteo. 2004