

Suzanne M. Keep PhD, RN

College of Health Professions, University of Detroit Mercy
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Education

Doctor of Philosophy in Nursing (Ph.D.) Rutgers, The State University of New Jersey, Newark, New Jersey	2013
Parish Nurse Certificate, Saginaw Valley State University	2004
Master of Science in Nursing: Community Health Nursing Minor in Nursing Administration Wayne State University, Detroit, Michigan	1987
Bachelor of Science in Nursing Nazareth College at Kalamazoo, Michigan	1979
State of Michigan registered nurse license: number 4704126801	1979 – Present

Employment

ACADEMIC APPOINTMENTS:

University of Detroit Mercy, Detroit, MI at Aquinas College, Grand Rapids, MI	2006 - Present
<i>Chair, Pre-licensure BSN program (Director as of 7/1/19)</i>	2012 - Present

University of Detroit Mercy (UDM) at Aquinas College (AQ), Grand Rapids, Michigan
Uphold and promote the mission and philosophy of the University of Detroit Mercy and the College of Health Professions; McAuley School of Nursing. Oversee the BSN program to ensure academic integrity and professional standards within the department. Coordinate procedures for the recruitment, admission, retention, advising, supervision, graduation and placement of students in the BSN program. Initiate and implement curricular changes in collaboration with faculty. Maintain student records, oversee the revision of the departmental section of catalogs and handbooks. Establish and maintain cooperative relationships with the Admissions Office, Financial Aid Office, Registrar Office and other support services with UDM McNichols Campus and Aquinas College. Establish and supervise clinical learning sites in the hospital and community settings. Advise 60 freshmen each summer, and 40 students annually. Recruit and hire full time faculty and adjunct faculty. Assist in the Mentoring program. Initiated a bus trip for senior nursing students to attend Celebrate Spirit each year on the McNichols campus. Responsible for Convocation, Blessing of the Hands Ceremony, and Transition Ceremony.

<i>BSN Completion (BSNc) coordinator</i>	2016
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Grand Rapids, MI

Advise and maintain records for the BSN completion program in West Michigan. Evaluate BSNc candidates' records for graduation. Hire faculty to teach BSNc courses. Work with BSNc director at the McNichols Campus.

Chair BSNc program, BSN coordinator

2014

West Michigan

Recruited BSNc students for BSNc program. Assisted in the set up for classes at Mercy Health Saint Mary's. Advise and maintain records for the BSN completion program in West Michigan. Evaluate BSNc candidates' records for graduation. Hire faculty to teach BSNc courses

Tenured Professor of Nursing 2014; Assistant Professor 2011; Associate Professor 2017

Grand Rapids, MI Courses Taught:

- NUR 4420 Community as Partner: Implications of Urban Health
- NUR 4450 Integrated Leadership and Community Practicum
- NUR 2040 Self-Awareness for Nurses Practicing in Interdisciplinary Environments
- NUR 4980 Comprehensive Nursing Practice
- NUR 4200 Leadership theory
- NUR 4420 Intervening Families at Risk
- NUR 4240 Participative Leadership for the Practicing Nurse
- HLH 2550 Population Health and Epidemiology
- NUR 4235 Population Based Health within the Community
- NUR 4245 Project Development Phase 4: Research Dissemination
- NUR 4430 Community As Resource and Partner
- NUR 4960 Directed Studies

Project Coordinator, Clinical Coordinator, Adjunct Professor

2005 - 2006

The University of Michigan-Flint, Flint, MI

Created and developed a State of Michigan funded grant to promote increase NCLEX pass rates. After the project was implemented, pass rate was 100%. Classes taught focused on Community Health Theory.

Adjunct Nursing Instructor

1996 - 2000 and 2004 - 2005

Saginaw Valley State University, Saginaw, MI

Taught Community Health Nursing Courses and Transitions in Nursing Course, RN to BSN Coordinator, Nursing Advisor RN to BSN program. Completed additional consultant work and evaluated student files.

Nursing Instructor

1988 - 1993

The University of Michigan, Ann Arbor, MI

Nursing instructor for BSN completion program for extension program in Grand Rapids, Michigan. Taught Community Health and Leadership Courses

Clinical Experience

- Michigan Community Blood*, Grand Rapids, MI 2003 - Present
Staff Nurse as needed (periodically). Assesses and interviews stem cell/bone marrow donors, gives prescribed injections.
- Muskegon Visiting Nurses Association*, Muskegon, MI 1988 - 1993
Home care staff nurse visiting clients in their homes for skilled nursing care.
- Dr. Richard Reid, Dr. Thomas White*, Kalamazoo, MI 1988 - 1989
Research Associate for Centers for Disease Control (CDC) funded study on HPV and possible relationship to cervical cancer. Interviewed clients for study, provided testing for HPV. Consulted with clients related to study.
- Borgess Medical Center*, Kalamazoo, MI 1987 - 1988
Clinical Nurse Specialist: CNS in Oncology for patients and families. Provided skilled care, education and research.
- Hospice of Greater Kalamazoo, Inc.*, Kalamazoo, MI 1983 - 1987
Program Director: A part of the initial start-up team for Hospice of Greater Kalamazoo. Developed program to become certified as a Hospice Home Care Agency. Responsible for recruiting nurses, home health aides, PT and interdisciplinary hospice team. Provided initial information about hospice and conducted intake of hospice patients. Provided on-call nursing care for hospice patients and their families. Created hospice logo in partnership with staff which continues to be the logo today.
- Visiting Nurses of Southwest Michigan*, Kalamazoo, MI 1980 - 1983
Staff Nurse. Responsible for providing skilled home care nursing in individual's homes. Responsibilities included assessing the client and providing interventions including health care education. Areas of care were to clients in downtown Kalamazoo, and in Kalamazoo County.
- Bon Secours Hospital*, Grosse Pointe, MI 1979 - 1980
Staff Nurse: Part of an internship program providing care on various units in the hospital including oncology and orthopedics as a Graduate Nurse, then Registered Nurse. Awarded two times for innovative ideas: roof top biodynamic garden (exists today), and to purchase "lazy boy" type chairs for patient's rooms so patients could be more comfortable and provide the option for a family member to spend the night.

Publications

Davis, S, **Keep, S.**, Edie,A., Couzens, S., Pereira, K. (2016). A peer-led diabetes education program in a homeless community to improve diabetes knowledge and empowerment, *Journal of Community Health Nursing*, 33:2, 71-80, DOI: 10.1080/07370016.1159435

Keep, S., Reiffer, A., Bahl, T. (2015). Supporting self-management asthma care, *Home Healthcare Now*, 34:3, 2-10

Davis, S, **Keep, S.**, Edie,A., Couzens, S., Pereira, K. (2015). A peer-led diabetes education program in a homeless community to improve diabetes knowledge and empowerment, *Journal for Healthcare Quality*, (not accepted).

Keep, S., (2016). Physical activity: Like mother like daughter? *Michigan Journal of Public Health*.

Keep, S., (2014). Nursing Update: Nursing using local media to promote prevention. Impact Newsletter, *Michigan Public Health Association*.

Keep, S., (2010). Concept analysis on advocacy. *Journal Family and Community Health* Issue 34.1, submitted but not accepted.

Keep, S., (2000). Participated as a community health nurse in the Day in the Life of Bay County, 2000 project. Three Community Health photographs published (juried) in: Nowlin, M.K., and Miller, K (2000). *A Day in the Life of Bay County*. Bay City Times, Michigan

Bornor, S., **Counsman (Keep), S.**, de Gilling, B.L., Lewman, P., and Wills, M., (1988). High on Kalamazoo. *In Nursing Frameworks and Community as Client*. East Norwalk, Connecticut: Appleton and Lange Publishing Co.
(chapter-invited)

Publications Non-refereed

Keep, S. & Keep, P. Add health coverage for healthier readership, *The Bulletin, Michigan Press Association*, (September 11, 2014).

Keep, S., (2014). Remaining physically active important for healthy lifestyle. *The Grand Rapids Press*, (June 24, 2014).

Keep, S., (2014) *Peers against diabetes*. Leap Project, <http://uwosh.edu/phnnursingstudentprojects>

Keep, S., (2014). Don't put off your colonoscopy. *The Grand Rapids Press*, (February 2014).

Keep, S., (2013). Swimmer's itch: a nasty parasite. *The Grand Rapids Press*, Grand Rapids, MI., July 28, 2013.

Keep, S., (2013). Properly dispose of expired meds. *The Grand Rapids Press*, Grand Rapids, MI., March 24, 2013.

Keep, S., (2009). Obesity can't be ignored. Page 7A, *The Muskegon Chronicle*, Muskegon, MI, January 20, 2009.

Oral Presentations

National

Keep, S., Moran, K., Cruikshanks, D. "Understanding High Levels of Distress and Personality Characteristics among Nursing Students to Promote Risk Reduction and Health Promoting Behaviors for Success in Nursing School" has been selected and confirmed for Oral presentation during the APHA's 2019 Annual Meeting and Expo (Nov. 2 - Nov. 6) in Philadelphia

Keep, S., Harrington, S. Intercollegiate Alliance for Health and Well-being (ICAHW) Walking Program to improve health outcomes among individuals with a low socioeconomic status and limited access to health care, Association for Community Health Nurse Educators (ACHNE), New Orleans, Louisiana. June 9, 2018

Keep, S., Factors Affecting Commitment to a Plan of Physical Activity among Hispanic Mothers and their Daughters. American Public Health National Conference, Boston, MA. 2013

State

Keep, S., Hoganson, J., The Process of Forming Collaboration with Nursing Academia and local Public Health Department, American Nurses Association, East Lansing, MI. October 15, 2015.

Keep, S., Bappert, K., Hamel, P., "Collaborating to prepare the Next Generation of Public Health Professionals: Win-Win Solutions for Academia and Practice", Oral presentation at Michigan's Premier Public Health Conference, Big Rapids, MI. 2014.

Local

Keep, S., Migrant Workers Health Beliefs Research Study Results, oral presentation, West Michigan Migrant Council, Holland, Michigan. January, 2016

Keep, S. "Motivational Interviewing with Patients" NUR 2100. Aquinas College, Grand Rapids, MI. January 20, 2016.

Keep, S., Who Wants to Be a Nurse? Aquinas College, Grand Rapids, MI. 9-2013,9-2014,9-2015

Keep, S., Factors Affecting Commitment to a Plan of Physical Activity among Hispanic Mothers and their Daughters. Sigma Theta Tau, Lambda Zeta Chapter, UDM, Detroit, Michigan. May 2013.

Keep, S., University of Detroit Mercy Honor Code Study Results, Natural Sciences, Mathematics and Nursing Division at Aquinas College. 2009.

Keep, S., Courage and Innovation Proposal and Poster Workshop for RNs Mercy Health Partners, Muskegon, MI. 2008.

Poster Presentations

National

Keep, S., Kuyten, M., DeSantiago, D., DHHS Migrant Outreach Specialists in Collaboration with Nursing Students, Assess: Health Perceptions: Effect of Sun Exposure to Eyes: and Health Care Needs of Migrant Workers. The National Center for Farmworker Health (NCFH) in Grand Rapids, accepted for September 18-20, 2017.

Keep, S., Health Beliefs of Farmworkers in Rural Michigan. Association of Community Health Nurse Educators Annual Institute in Baltimore, Maryland. June 10, 2017

Keep, S., The Process of Forming Collaboration with Nursing Academia and local Public Health Departments. Association Community Health Nursing Educators/ American Public Health Nurses Association National Convention in Indianapolis, Indiana. June 4, 2016

Regional

Keep, S, Moran, K., Cruikshanks, D., Understanding How Biology and Environment Affect Psychological Health in College Students: An Inter-Professional Approach. 2019 Ruth K. Palmer Symposium: The Intersection of Research and Health, Translation, Innovation, Collaboration, and Engagement. Marcella Niehoff Scholl of Nursing, Loyola University, Maywood, Illinois, March 22, 2019

Keep, S., Health Beliefs of Migrant Workers in West Michigan (Accepted as an oral presentation, but had conflict with STTI induction ceremony for UDM at AQ BSN students). Poster presentation Region 10, 2016: Bridging Nursing Leadership and Research- Innovations in Health Care Conference in Ann Arbor MI, April 15, 2016

Keep, S., Factors affecting commitment to a plan of physical activity among low-income Hispanic mothers and their pre-adolescent daughters. Midwest Nursing Research Society 2013 Annual Regional Conference, Chicago,

Illinois. April, 2013

Keep, S. (2009). Academic Integrity of Nursing Students, Midwest Nursing Research Annual Convention, St. Paul, Minneapolis. March 29, 2009.

State

Keep, S, Moran, K., Cruikshanks, D., Understanding High Levels of Distress in Nursing Students: An Innovative and Inter-professional Approach, ANA-Michigan Conference and Assembly, Grand Rapids, MI, February 28, 2019.

Keep, S., Bappert, K., Hamel, P., The Process of Forming Collaboration with Nursing Academia and local Public Health Departments, Michigan Center for Nursing Summit, Dearborn, Michigan. October 16, 2015.

Keep, S., Blecke, J., Solterman, M., Windshield Survey of the Thumb of Michigan; Michigan League of Nursing Conference, Kalamazoo, Michigan (1998)

Local

Hefferan, T, Harrington, S, Couzens, S., Zandee, G., **and Keep, S.** Walking Club into Wellness: The Inter-Collegiate Alliance for Health and Well Being. Civic Engagement Showcase, Grand Valley University, Grand Rapids, April 13, 2017

Keep, S., Kuyten, M., Blaskowski, A., Chapman, M., Dietrich, Haga, A., Haveman, T. & Visser, S., Health

Perceptions of Migrant Workers in West Michigan, University of Detroit Mercy Celebration of Scholarly Achievement Detroit, MI. April 19, 2016

Keep, S. (2016). University of Detroit at Aquinas Service Learning Poster, University of Detroit Mercy Celebration of Scholarly Achievement. April 19, 2016

Keep, S., Factors Affecting Commitment to a Plan of Physical Activity among Hispanic Mothers and their Daughters, UDM Celebration of Scholarly Achievement. April 14, 2015.

Keep, S. Factors affecting commitment to a plan of physical activity among low income Hispanic moms and daughters. Sigma Theta Tau International Kappa Epsilon at Large Chapter for Spring Celebration of nursing, Grand Rapids, Michigan. 2014.

Keep, S., Blecke, J., Solterman, M., Windshield Survey of the Thumb of Michigan; Michigan League of Nursing Conference, Kalamazoo, Michigan (1998).

Research Experience

PI: Investigation of Psychological Distress and Associated Personality Characteristics 2018-present
in Nursing Students
Program research project partnership with University of Detroit Mercy, Grand Valley State University
And Aquinas College

Purpose: The purpose of this study is to describe distress and personality characteristics of nursing /non-nursing students; identify how demands of college affects mental health; whether program requirements affect students differently; and if distressed students would participate in a support program. Background and Significance: Psychological distress in college students is well documented (Griggs, 2017). This can lead to depression, anxiety/panic disorders, and social/relationship problems (Univ. of Alberta, n.d.). Stress/anxiety/ depression are 5 top threats to students' academic performance /completion (American College Health Association, 2016) while students report underutilizing counseling on campus (Eisenberg, Golberstein, & Gollust, 2007). Nursing students are vulnerable due to pressure to meet/sustain grade and clinical requirements to remain in good academic standing. Personality characteristics are studied in health professions, but not in nursing (Eley, 2012). Methods: Descriptive, longitudinal design with comparison group to provide a baseline, over two academic semesters.

McNichols Faculty Association Internal Research Fund: Awarded \$4,471 grant.

Razmus, I., and Keep, S. Pressure Injury Prevention Neonatal Survey 2018 - present
This online survey is to understand the practices of neonatal nurses for infants related to skin Integrity practices.

Co-PI: ICHAW 2015 - 2018
(Intercollegiate Alliance for Health and Wellness Walking), Grand Rapids, MI
Program research project partnership with the University of Detroit Mercy, Grand Valley State University nursing and cultural anthropology faculty, and Calvin College nursing faculty and students from all three institutions.

This study involves potentially moderate exercise as researchers are instituting a walking group for neighbors or residents of The Southwest Area/The Other Way Ministries, Exodus Place, and Heartside Ministries. Faculty and student researchers from GVSU, Calvin, and Detroit Mercy (mainly nursing, but anthropology students for interviews) will measure the effectiveness of the walking program. Students will measure BP, BMI, etc. prior to the program and then weekly, participants will take a pre- post intervention survey and might participate in a

qualitative interview. Researchers aim to answer the following research questions: 1) Will participants in the Intercollegiate Alliance for Health and Wellness (ICAHW) Health Walking Program improve their cardiovascular risk profile through achievement of a healthier BMI and blood pressure over a period of eight to twelve weeks, as measured by trends in BP, BMI, and steps/day? 2) Will regular group exercise increase participants' subjective well-being as measured by pre- post survey and in- depth interviews? 3) Will interprofessional collaborative endeavors improve group dynamics among nursing students as measured through reflective journaling, specifically through improved metacognition and team building skills?

IRB approval from UDM, GVSU and Calvin College. Funding obtained through: \$1,000 grants Kirkhoff College of Nursing Centers of Distinction and \$500.00 from GVSU Community Engagement Office.

PI for Health Beliefs among Migrant Workers in West Michigan 2015 - 2018

Mentoring UDM senior community health nursing students with staff from the Department of Health and Human Services, Ottawa County, MI: The purpose of this study is to gain a greater understanding of the perceptions of health beliefs of Migrant Workers of Southwestern Michigan; to assess if migrant workers have possible effects of sun exposure to their eyes, resulting in a visual growth in their eyes; and service needs of Migrant Workers in Kent and or Ottawa County, MI. Mentored senior community health nursing students in conducting research, data collection and interpreting results. A scientific poster was created and displayed at Scholarly Achievement at UDM on April 19, 2016.

Michigan State University Girls on the Move 2014 - 2015

GIRLS ON THE MOVE INTERVENTION is a federally funded research study with the purpose of assisting middle school-aged girls in achieving United States Department of Health and Human Services recommendations for 60 minutes per day of moderate to vigorous physical activity. The intervention is expected to have a notable impact on obesity prevention and cardiovascular health that can contribute toward reducing health disparities.

Motivational Interviewing counseling partner. Interviewed female students at Crestwood Middle School in Grand Rapids, MI., using Motivational Interviewing techniques to increase physical activity.

Dissertation: "Factors Affecting Commitment to a Plan of Physical Activity among Hispanic Mothers and their Daughters". May 23, 2013.

Research Assistant; Dr. Lorraine Robbins's NIH funded study; "Girls on the Move" project, Michigan State University, East Lansing, Michigan. September 2010-May 2011.

Integrity/Honor Code Study: University of Detroit Mercy at Aquinas College with Dr. Linda Thiel. 2008-2010.

Centers for Disease Control funded study on HPV; Dr. Richard Reid and Dr. Thomas White, Kalamazoo, Michigan. 1988 – 1989.

Grants and Awards

- McNichols Internal Faculty Research Fund: Awarded \$4, 471 for Investigation of Psychological Distress and Associated Personality Characteristics in Nursing Students, 2018.
- Daisy Award for Clinical Leadership, Pine Rest Psychiatric Hospital, June 2017.
- Michigan Public Health Association Public Health Nursing Section: Excellence in Public Health Nursing Leadership, April 2017.
- Faculty Research Award: A Brief CBT Intervention with Female Nursing Students: A Pilot Study, Submitted December 30, 2016; not funded.
- West Midwest Community Sisters of Mercy grant: applied for a Catherine McAuley Statue with Sr. Rosita M. Shiller, not accepted (2016).
- Received \$200.00 from St. Paul the Apostle Catholic Church, Grand Rapids, MI for footcare kits. 2015.
- Mission Micro Grant: \$50.00 for St. Ignatius Daily Examen cards for UDM community health nursing students.
- Mission Micro Grant: \$100.00 foot care supplies for Exodus, transitional housing. 2015.
- Mission Micro Grant: \$100.00 for infuser for UDM nursing students, to decrease stress.
- Blue Cross Blue Shield of Michigan Foundation Student Award Program, \$3,000. (Stipulation is that student must attend school in MI, although I attended Rutgers in N.J., since I live and work in MI and my research was conducted in MI the director Ira Strumwasse informed me that the BCBSM Foundation would approve the award. In August, 2012, Ms. Strumwasse called to regrettably inform me that although the board approved my study, she would have to rescind the foundation's offer based on the university not in MI. 2012.
- Sigma Theta Tau, Lambda Zeta Chapter, recipient of \$500.00 scholarship for Ph.D. study.
- Dean's Scholarship Award for Ph.D. study: "Factors Affecting Commitment to a Plan of Physical Activity among Hispanic Mothers and their Daughters". 5-3-2012.
- UDM Mini-grant, \$250.00 for 5 aprons with University of Detroit Mercy McAuley School of Nursing logo for nursing students to wear to provide foot care for the homeless. 2009-2010.
- Trinity Health Call to Care Grant for the Homeless, not funded. 2008.
- Professional Nurse Traineeship Award, Rutgers, The State University of New Jersey. 2001-2012.
- Professional Nurse Traineeship Award, Wayne State University. 1985-1986.

Committees

University

2016- present	New Science Building committee at Aquinas College
2016-2017	Faculty Development Committee
2015 – 2017	Elected position - McNichols Faculty Assembly
2015 - 2016	Undergraduate Retention Committee

College

2016	Search committee for Associate Dean
2011-2016	MSON Faculty and Associate Dean Search Committee member
2014 – 2015; 2015-2016	Promotion and Tenure committee for MSON

School

2013- present	Blessing of the Hands, Sigma Theta Tau and Transition Ceremony organizer
2016-2017; 2018-2019	Co-chair Curriculum committee
2016-2017	Simulation, Specialty
2015-2016	UG retention; Standards; Specialty
2014 – Present	Undergrad Assembly committee member
2014 – 2016	Quality committee
2014 - 2016	Co- chair of standards committee
2012 - 2013	Chair of BSN pre-licensure for the UDM-Aquinas nursing program
2006 - 2013	MSON Curriculum Committee; co-chair 2010-2011;
2006 – 2009	Quality Performance Improvement Committee

Professional Activities

- Participated in Michigan Organization of Nurse Leaders Advocacy Day, meeting with legislators at the Capitol in Lansing, Michigan, 2019
- Abstract reviewer for Midwest Inter-professional Practice, Education, and Research Conference for 2018
- Dean's Advisory Council; Spectrum Health 2017- present
- Invited by Spectrum Health to participate in Magnet re-designation as a Community Stakeholder; 2018
- Invited by Mercy Health Saint Mary's to participate in Magnet Status Recognition and re-designation as a Community Stakeholder; 2013 and 2018
- Regional Perinatal Alliance Committee member 2017 - present
- Invited by Detroit Mercy President Garibaldi to attend the Jesuit Heartland Delta meeting on "Faculty Conversations", February 24-26, 2017 at Creighton University, Omaha, Nebraska.
- Abstract Reviewer for the 9th National Doctors of Nursing Practice Conference, April 2016.
- Sage Davis DNP Capstone Project committee at Duke University: (2015) A peer-led diabetes education program in a homeless community to improve diabetes knowledge and empowerment. 2013-2015.
- Grant Reviewer for Pine Rest Foundation to award in house grants totaling over \$250,000. 2013 – Present.
- External colleague reviewer for promotion and tenure for Mary Dinger RN, MSN,FNP, CPNP, Division of Biological and Health Science, University of Pittsburgh, Bradford, PA
- Michigan Public Health Nursing Section Educational Conference Planning Committee: 2012 - present
- Co-chair for MPHNA conference in April, 2016, Chair 2017 conference
- Healthy Michigan, Nurses Make a Difference, Grand Rapids, MI. Co-chair, secured donations for Earth Day- seeds from Ace Riley Hardware, and pots, soil and access to Greenhouse from Aquinas College.

Invited Dr. Carla Groh, faculty from UDM to be guest speaker to discuss McAuley Health Center and role of the NP. Responsible for ordering catered lunch and set up at the Kent County Health Department, and organizing handouts and posters. 2016.

- Health Equity through Health Literacy, Lansing, MI. Responsibilities included inviting Dr. McCune to speak on Health Literacy, organized conference handouts and posters. 2015.
- Public Health Nursing Practice in a Tech Savvy World, Howell, MI, April 11, 2014. Invited Dr. Julie Stocker Schneider to speak on Technology for nurses, organized conference handouts and posters. 2014.
- Our Future is Now. Responsible for planning committee handouts and posters. 2013.
- Examsoft Conference, Dallas, Texas. Attended as a “Super User” to aid AQ faculty in using ExamSoft. June, 2016
- Attended meeting with Father Paulson at Lansing Reilly Hall, UDM to discuss UDM mission in relation to how it is viewed and played out in relation to Jesuit merging with Wisconsin Province. February 8, 2016.
- Exhaustion and Reflection: A Departmental Chair Leadership Retreat, Office of Academic Affairs, “to enhance leadership skills”, UDM, Detroit, MI. 2015.
- Women’s Ignatian Leadership Salon, Xavier University, Cincinnati, OH. August 11-12, 2015.
- Half Day Mission and Identity Retreat with Father John Staudenmaier, UDM, Detroit, MI. 2015.
- Heartland Delta Conference, UDM, Detroit, MI. May 21 and May 28, 2015.
- Building Talent Bridges Conference, invited by Mercy Health Saint Mary’s, Grand Rapids, MI. 20
- MSON Faculty and Associate Dean Search Committee member, 2011.
- Completed Developing Nurse Scientists Program by the National Institutes of Health, April 17, 2009.
- Freshmen Success monthly meetings, 2008, 2013-2014.
- Natural Science, Nursing and Math (NSNM) committee member at Aquinas College, 2006 – Present.
- McAuley Health Center, well-child exam week volunteer, April 2010.
- Mentor to New faculty: Heather Mols, full time faculty (2012), Kathy Moran full time faculty (2014), Jessica Ciaramella, adjunct teaching NUR 3380 (2015), Christy McFadden, nutrition adjunct instructor- BIO 2040 (2012), Jennifer Ford nutrition adjunct instructor- BIO 2040 (2016), Lisa Miel, Nursing informatics adjunct instructor, NUR2120 (2016).

Detroit Mercy Student Activities

- National Student Leadership advisor: 2018 - present
- Created prayer board for Detroit Mercy and AQ students to write prayers or intentions, 2015 – Present.
- Created “What Mercy Means to Me” board for all Detroit Mercy at AQ nursing students, 2015.
- Celebrate Spirit MSON committee member, 2011-2012.
- Organize bus trip from AQ to Detroit Mercy senior nursing students to attend Celebrate Spirit, 2010-2018.
- Organized Detroit Mercy at AQ nursing students to attend the “Mass of Christ the Healer “, at The Cathedral of Saint Andrew, Grand Rapids, MI. April 29, 2012, and 2017
- Catherine McAuley Day 2007; started program sharing the work of Catherine McAuley with guest speakers and tea and scones for faculty and staff, 2007 – Present.

- Co-Advisor for Student Nursing Association for UDM-GR, 2008 – 2009.
- Sophomore “White Coat” now “Light Your World” Committee member, 2008, 2012, Present.
- Transition Ceremony committee member for Graduating Seniors, 2006 – Present.
- Directed Study: Kailey Stutzky (2017); Marissa Corder; Peter Assenmacher (2017); Debra Kooinga (2016); Karel VanSetters (2016), Caitlin Carey (2015); Ethan Mulder (2014); UDM Nursing Students, Grand Rapids, MI

Professional Affiliations/Memberships/Service

2019	Organization of Nurse Leaders
2019	Michigan Organization of Nurse Leaders
2016 - Present	Association of Community Health Nurse Educator member
2013- present	American Nurses Association ; president of MI- ANA region 3 (2017-2018); MI-ANA Director; 2019 - present
2014 – present	West Michigan Inter-professional Education Initiative Committee; now known as Midwest Inter-professional Practice, Education and Research Committee
2012 - Present	Michigan Public Health Association Nursing section Education Planning Committee member and chair
2012 - 2014	American Public Health Association (APHA) member
2012 - Present	Michigan Public Health Association RN Member at Large (MPHA)
2012 – 2017	Michigan Public Health Nursing Association Nursing Executive Committee
2012- present	Michigan Public Health Nursing Association Education Committee (MPHNA) and chair
2012 - Present	Clinical Placement Consortium member
2012 - Present	Academic Practice Partnerships chairperson, statewide in Michigan
2012 - 2014	West Michigan Nursing Advisory Committee (WMNAC)
2010	National Association School-Based Health Care Convention Social Media Fellow and Honorary Advocacy Fellow, Washington D.C.
2007 - 2013	Midwest Nursing Research Association (MNRS)
2004-2006	Parish Nurse Network; Genesys Health Park, Flint, Michigan
1986 - Present	Sigma Theta Tau (Lambda Zeta Chapter)
1980 - 1988	Kalamazoo Oncology Program (KCHOP), developed oncology nursing care plans
1986 – 1987	President-elect, Michigan Hospice Organization

Board Positions

2017- Present	MI-ANA region 3 president (2017-2018); Director 2019 – present
2015 – 2017	Michigan Public Health Association Nursing Section Board Member: Executive Committee and Secretary
2014 – 2017	Pine Rest Hospital Board Member, Grand Rapids, Michigan
2013 - present	Michigan Public Health Association Board Member

2011 – 2017 Pine Rest Foundation Board member, Pine Rest Psychiatric Hospital and consulted with PR nursing staff of Model of Care implementation (2013); planning committee for The Pine Rest Foundation Dinner, 10-4-11; Lights, Camera, Recovery, 9-13-12.

Community Service

2019 AQ Community Garden Volunteer
2016 Grand Rapids Urban Tree Forester
2015 Migrant Farmworkers, assessing for Ptygerium, Ottawa County
2014 Christian Nursing Association, prayer walk at Heartside, Grand Rapids, MI
2014 University of Detroit Mercy at AQ Christian Nurse's Association candle-light walk
2010 Hot chocolate 15K/5K, Illinois Bone and Joint Institute, Chicago, Illinois
2009 – 2015 The Grand Rapids Press Nursing Column Coordinator/Editor
2008 American Cancer Society Hope Lodge, prepared meal for families with UDM-AQ faculty
2008 Knitted Scarves for African Mothers incarcerated in Africa
2006 – 2017 Michigan Community Blood, zombie dashes, Moonlit Miles for Marrow (5-21-10), courier for bone marrow
2006 – 2010 Grand Rapids Area Health Ministry Consortium; Heartside Ministries foot care
2006 – 2009 Muskegon Chronicle Seaway Run
2006 God's Kitchen, Grand Rapids serving meals to homeless