

# TITAN FIT ZONE REGISTRATION FORM

NAME: \_\_\_\_\_ PHONE (H/C): \_\_\_\_\_  
ADDRESS: \_\_\_\_\_ CITY/ZIP: \_\_\_\_\_  
STUDENT ID \_\_\_\_\_ FACULTY/STAFF T # \_\_\_\_\_  
EMERGENCY CONTACT & PHONE NUMBER: \_\_\_\_\_

NOTICE: Participants are encouraged to consult with a physician before starting an exercise program. Those with pre-existing conditions should wear a medical alert bracelet or neck tag indicating the appropriate medical information. It is also recommended that participants have a medical insurance policy that will cover injuries or illness that may occur due to participation in or use of programs, services, facilities and equipment.

## Assumption of Risk

In consideration for being allowed to utilize the programs, services, facilities, and equipment available at the Titan Fit Zone, I voluntarily agree to assume all risks involved in participating in or using the programs, services, facilities, and equipment of the Titan Fit Zone. I understand that supervision by Titan Fit Zone staff is provided and by participating in or using the programs, services, facilities, and equipment of the Titan Fit Zone, I expose myself to the risk of injuries including but not limited to temporary or permanent muscle soreness, sprains, strains, cuts, abrasions, bruises, ligament and/or cartilage damage, head, neck or spinal injuries, loss of use of arms and/or legs, eye damage, disfigurement or death. I also recognize that there are both foreseeable and unforeseeable risks of injury or death that may occur as a result of my participation in or use of the programs, services, facilities, and equipment of the Titan Fit Zone that cannot be specifically listed. Further, I recognize that the actions of other users of the Titan Fit Zone may cause harm or loss to my person or property.

## RELEASE OF LIABILITY

I release the University of Detroit Mercy, and its trustees, employees, agents, or representatives of the Titan Fit Zone from any and all liability, claims, costs, expenses, injuries, or losses including those resulting from acts of negligence by the Titan Fit Zone that I may otherwise sustain as a result of my participation in or use of the programs, services, facilities, and equipment of the Titan Fit Zone. I also release the Titan Fit Zone from loss of damage to my person or property caused by other users of the Titan Fit Zone. If any part or portion of this Assumption of Risk and Release of Liability is determined to be invalid or unenforceable, the remaining parts or portions shall be enforceable. I have carefully read this Assumption of Risk and Release of Liability and fully understand its contents. I am aware that this Assumption of Risk and Release of Liability is a contract between the University of Detroit Mercy and me and I sign it of my own free will.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Name (Please Print): \_\_\_\_\_

\*If the above is a minor (under 18), the minor's parent or guardian shall sign below.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Name (Please Print): \_\_\_\_\_

## Titan Fit Zone

### General Rules & Regulations

**Use of the Titan Fit Zone is considered a privilege. Individuals who do not comply with the established departmental policies and procedures may be asked to leave the facility and/or be subject to university disciplinary procedures.**

Eligible Users: All patrons must present a valid UDM Student, Faculty or Staff ID Card. Valid UDM Student ID's must have a current validation sticker on the back of the identification card (i.e. F-09, W-10, S-10).

- 1) All currently enrolled UDM students, faculty & staff are eligible to use the Titan Fit Zone.
- 2) Spouses and dependents of current UDM Students and Faculty/Staff are **NOT ELIGIBLE** to use the Titan Fit Zone.
- 3) *All eligible users must read and sign the Titan Fit Zone Registration form.*
- 4) If Students are under the age 18, they must present valid Student identification & sign the participant registration form.
- 5) Guests are not permitted access to the Titan Fit Zone.
- 6) The Titan Fit Zone shall **NOT BE RESERVED** for any organization and/or group for any reason. Its sole purpose is for individual use and Student Life structured programs in the Wellness Classroom/area.
  - a. **Team and personal instruction** are prohibited in the Titan Fit Zone, activities including but not limited to; organized team training drills, group practices, and one-on-one instruction.
- 7) Only instruction from the Campus Recreation and Titan Fit Zone Staff are allowed.
- 8) Persons involved in **unruly conduct, improper use of equipment and/or damage to the facility will be asked to leave immediately.** The Department of Public Safety may be summoned to remove and/or charge persons involved in dangerous or detrimental conduct. The use of profanity is also prohibited in the facilities.
- 9) **Persons caught stealing university and/or personal property will be prosecuted to the fullest extent of the Law.** Patrons are encouraged to protect their personal property by using lockers and limiting valuable items brought to the facilities. Note that high-risk facilities are monitored by closed circuit television for safety and security purposes.
- 10) **Alcoholic beverages and Tobacco Products** are prohibited from the Titan Fit Zone. Individuals under the influence of any foreign substance will be asked to leave the facilities immediately and facility use privileges may be revoked indefinitely.
- 11) Only bottled water and sports drinks are permitted in the Titan Fit Zone.
- 12) **Wellness Classroom** - Student Life/Campus Recreation programming always has priority over free-play users. A strong commitment is made to providing a reasonable amount of free play space at all times, consistent with the recreational needs of the Titan Fit Zone.

### USER COMPLIANCE

1. All individuals must present a valid UDM ID at the entrance desk to obtain access to the facility. Identification presented by someone other than the rightful owner will be confiscated. *Titan Fit Zone Staff reserve the right to request identification at any time.*
2. The Titan Fit Zone is a student friendly environment. Participants are expected to act responsibly and respect the rights of others. Those engaging in unacceptable or irresponsible behavior may have their access to the Titan Fit Zone revoked.

I have read and understand the policies of the Titan Fit Zone, and it is my responsibility to adhere to the general and area specific rules and regulations.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Name (Please Print): \_\_\_\_\_