

The following health care expenses qualify for reimbursement under a Flexible Spending Account (FSA) plan.*

Only health care expenses not reimbursed by insurance can be claimed.

(Rx) Prescription required effective 1/1/2011. (LOMN) Letter of Medical Necessity required from a physician.

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| Acupuncture (excluding remedies and treatments prescribed by acupuncturist) | Hearing devices and batteries | Psychiatric care |
| Alcoholism treatment | Herbs (LOMN) | Psychologist and psychiatrist fees |
| Ambulance | Home health care | Radiology |
| Artificial limbs/teeth | Hospital bills | Reconstructive surgery in connection with birth defect, disease, or accident (LOMN) |
| Bedpans and ring cushions | Insulin | Routine physicals and other non-diagnostic services or treatments |
| Boost®/Pediasure® (LOMN) | Laboratory fees | Smoking cessation over-the-counter drugs (Rx) |
| Chiropractors | Laser eye surgery | Smoking cessation programs |
| Christian Science practitioner's fees | Massages (LOMN) | Special supplements (LOMN) |
| Contact lenses and cleaning solutions | Medical supplies (syringes, needles, etc.) | Special school for disabled child (LOMN) |
| Co-payments (doctor, dental, vision, pharmacy) | Minerals (LOMN) | Special teeth cleaning system (LOMN) |
| Costs for physical or mental illness confinement | Multivitamins (LOMN) | Surgical fees |
| Crutches | Office visits | Therapeutic support gloves (LOMN) |
| Deductibles | Obstetrics and fertility | Vitamins (LOMN) |
| Dental fees (cosmetic procedures not eligible) | Oral surgery | Weight loss over-the-counter drugs (Rx) |
| Dentures | Orthodontic fees | Weight loss programs and fees pertaining to a specific disease (LOMN) |
| Diagnostic fees | Orthopedic devices (LOMN) | Wheelchair |
| Dietary supplements and vitamins (LOMN) | Osteopath fees | Wigs for hair loss caused by disease (LOMN) |
| Endodontist fees | Over-the-Counter drugs that are medically necessary like allergy medications, aspirin, or antacids (Rx) | Vitamins, with doctor's letter of medical necessity |
| Eyeglasses prescribed by your doctor | Oxygen | X-rays and MRI |
| Eye examination fees | Periodontist fees | |
| Eye surgery (cataracts, LASIK, etc.) | Physician fees (cosmetic procedures not eligible) | |
| Foot spa (LOMN) | Podiatrist fees | |
| | Prescribed medicines | |

Health care expenses that *do not qualify* for reimbursement under a Flexible Spending Account (FSA) plan.*

- Cosmetic surgery, procedures, and/or medications
- Dental bleaching
- Hair restoration (procedures, drugs or medications)
- Health club or gym memberships for general health
- Marriage and family counseling
- Over-the-Counter drugs or medications that are not prescribed by your physician
- Weight loss programs for general health or appearance
- Mail order prescriptions from another country
- Premiums you or your spouse pay for insurance coverage (Payroll-deducted premiums sponsored by your employer are eligible under the Premium Only Plan.)

Accepted Over-the-Counter (OTC) Items*

OTC

(Rx) Prescription required effective 1/1/2011. (LOMN) Letter of Medical Necessity required from a physician.

Antiseptics

Antiseptic wash or ointment for cuts or scrapes (Rx)
Antiseptic mouthwash (Rx)
Benzocaine swabs (Rx)
Boric acid powder (Rx)
First aid wipes (Rx)
Hydrogen peroxide (Rx)
Iodine tincture (Rx)
Rubbing alcohol (Rx)
Sublimed sulfur powder (Rx)

Cold, Flu, Asthma and Allergy Medications

Allergy medications (Rx)
Bronchodilator/expectorant tablets (Rx)
Bronchial asthma inhalers (Rx)
Cold relief syrup, tablets and drops (Rx)
Cough relief syrup, tablets and drops (Rx)
Flu relief syrup, tablets and drops (Rx)
Homeopathic sinus medications (Rx)
Medicated chest rub (Rx)
Nasal decongestant spray, drops or inhaler (Rx)
Nasal strips to improve congestion (Rx)
Sinus and allergy nasal spray (Rx)
Sinus medications (Rx)
Vapor patch cough suppressant (Rx)

Diabetes

Diabetic lancets
Diabetic needles
Diabetic supplies
Diabetic syringes
Diabetic test strips
Glucose meters
Glucose tablets (Rx)

Ear/Eye Care

Airplane ear protection (LOMN)
Contact lens cleaning solutions
Ear drops for swimmers (Rx)
Ear water-drying aid (Rx)
Ear wax removal drops (Rx)
Homeopathic earache tablets (Rx)

Health Aids

Anti-fungal treatments (Rx)
Denture adhesives
Diuretics and water pills (Rx)
Hemorrhoid relief (Rx)
Lice control (Rx)
Medicated bandages
Motion sickness tablets (Rx)
Respiratory stimulant ammonia (Rx)
Sleeping aids (Rx)

Miscellaneous Items

Adhesive or elastic bandages
Blood pressure meter
Cold or hot compresses
Eye drops (Rx)
Foot spa (LOMN)
Gauze and tape
Gloves and masks
Herbs (LOMN)
Leg or arm braces
Massagers (LOMN)
Minerals (LOMN)
Multivitamins (LOMN)
Saline nose drops (Rx)
Special supplements (LOMN)
Special teeth cleaning system (LOMN)
Thermometers
Vitamins (LOMN)

Pain Relief

Arthritis pain reliever (Rx)
Bunion and blister treatments (Rx)
Itch relief (Rx)
Orajel® (Rx)
Pain relievers, aspirin and non-aspirin (Rx)
Throat pain medications (Rx)

Personal Test Kits

Cholesterol tests
Colorectal cancer screening tests
Home drug tests
Ovulation indicators
Pregnancy tests

Skin Care

Acne medications (Rx)
Anti-itch lotion (Rx)
Bunion and blister treatments (Rx)
Cold sore and fever blister medications (Rx)
Corn and callus removal medications (Rx)
Diaper rash ointment (Rx)
Eczema cream (Rx)
Medicated bath products (Rx)

Stomach Care

Acid reducing gum, liquid and tablets (Rx)
Anti-diarrhea medications (Rx)
Gas prevention tablets or drops (Rx)
Ipecac syrup (Rx)
Laxatives (Rx)
Pinworm treatment (Rx)
Upset stomach medications (Rx)

OTC items - not acceptable*

Aromatherapy
Baby bottles and cups
Baby oil
Baby wipes
Breast enhancement system
Cosmetics
Cotton swabs
Dental floss
Deodorants
Feminine care
Hair regrowth
Low "carb" foods
Low calorie foods
Oral care
Petroleum jelly
Shampoo and conditioner
Skin care
Spa salts
Sun tanning products
Toothbrushes

*Plan restrictions may apply. Check with your plan administrator.