Flexible Spending

VERSUS

Health Savings

Flexible Spending Account (FSA)

Health Savings Account (HSA)





Funded By Employer Owned but employee funded



Employee owned and funded

Contribution limits 2023 \$3,050 Dependent Care \$5,000



2023 Individual \$3,850 Family \$7,750

Eligible Expenses IRS approved medical/vision/dental expenses for participant and qualified dependents

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Plan Requirement High Deductible Health Plan NOT required



High Deductible Health Plan required

Tax Advantages

Contributions are tax-free



Tax-free contributions
Tax-free withdrawls
for qualified expenses
Tax-free interest and
investment income

Rollover or Grace Period Grace period for 2.5 months for unused balance



Yes. Funds roll over at the end of the plan year

Investment

No investment options



Ability to invest funds after meeting minimum threshold

Portability



No portability



Yes. HSA stays with the account holder