



We Want Great Things for You

## GRADUATE SCHOOL COUNSELING PROGRAMS

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*In addition to full-time faculty, the Department employs several Ph.D. – level adjunct faculty in various areas of specialization.*

## M.A. School Counseling – School Counselor Endorsement

### Introduction to the Counseling Profession

The counseling profession is designed to assist individuals in effectively managing the many challenges of living through self-exploration and increased self-awareness. The counseling profession is one that begins at the graduate level with many counseling students possessing undergraduate degrees in related social sciences (i.e., psychology, social work). Rooted in counseling theory and research, professional counselors are trained in the development of counseling skills while engaging in personal growth experiences. While the classroom serves as one form of training ground, clinic experiences and field placements sufficiently augment the counselor-in-training with adequate preparation to enter the field. The principles of service, social justice, and cultural competence provide the ideological foundations for the Counseling programs at UDM.

It is as a result of this rigorous training that professional counselors are equipped to effectively work with individuals towards positive change in every aspect of living.

## Counseling Program Standards & Accreditation Status

The Counseling programs at the University of Detroit Mercy are CACREP-accredited and seek to prepare individuals for a successful and rewarding career in the field of counseling. This nationally recognized program provides students with a state of the art academic and training program at one of Michigan's premier institutions of higher education.

## Admission Requirements

*The requirements for admission to the counseling programs include the following:*

An undergraduate overall GPA of 2.75 or higher or a GPA of 3.0 or higher in the second half of the undergraduate degree program or a graduate GPA of 3.0 on a previously completed graduate degree, a minimum of 15 hours in the behavioral sciences (psychology, sociology, anthropology), one course of which must be statistics, an autobiographical statement explaining your interests in the counseling profession, current resume, a writing exam, three letters of recommendation from individuals able to speak to your potential in the counseling field and an interview with the faculty.

## Master of Arts in Counseling Programs

The counseling program at the University of Detroit Mercy combines practical, theoretical, traditional, and experiential learning in the education of professional counselors. This program offers students the opportunity to grow personally as well as professionally. The atmosphere at UDM fosters positive communication between faculty and students allowing each person the opportunity to develop as an active learner in a quest to develop a personal learning and counseling style. Course scheduling and faculty advising is tailored to meet the needs of working professionals, therefore, courses are offered during evening hours.

The department offers programs to students looking to gain the necessary education and skills to function as a professional counselor in various settings. Three tracks are offered in the department: Addictions Counseling, Community Counseling, and School Counseling. Each program meets State of Michigan license requirements for the licensed professional counselor (LLPC). For individuals not interested in pursuing a

Master’s degree, the program offers three options for certification: the School Counselor Endorsement, School Post-Graduate School Counselor Licensure, and the Graduate Certificate in Addiction Studies. If you would like information about School or Addictions Counseling program options, please contact Graduate Admissions for an information packet.

**School Counseling – Master of Arts (MA) & Licensure as a Professional Counselor (LLPC) & School Counselor Endorsement**

This program offers training to certified teachers interested in working within a school setting as school counselors or guidance directors or in other related capacities as well as to teachers that are interested in school counseling principles. Coursework emphasizes counseling theory, assessment practices, counseling skills and issues specifically related to school counseling.

After the completion of 39 credit hours and successfully passing the Michigan Guidance Counselor Test, students can become eligible to begin employment as a school counselor through the Preliminary Authorization to Work program designed for school counselors. Students then have 3 years to complete their remaining coursework. Individuals are eligible for both professional licensure as a counselor within the state of Michigan and the School Counselor Endorsement through the Michigan Department of Education. The 48 credit hour program generally requires 2-3 years to complete.

**Curriculum**

**Master of Arts in School Counseling – LPC & Endorsement to Teaching Certificate**

*Must have a teaching certificate*

*(Preliminary Authorization for Employment at completion of 39 hours is possible)*

| Level I  | Level II | Level III | Level IV          |
|----------|----------|-----------|-------------------|
| CNS 5000 | CNS 5390 | CNS 5430  | CNS 5850          |
| CNS 5020 | CNS 5400 | CNS 5450  | CNS 5910          |
| CNS 5120 | CNS 5410 |           |                   |
| CNS 5320 | CNS 5470 |           | CNS 6040          |
| CNS 5350 |          |           |                   |
| CNS 5360 |          |           |                   |
| CNS 5380 |          |           |                   |
|          |          |           | <b>48 credits</b> |

**School Counselor Endorsement - Non-Degree Program**

**Admission Requirements**

*The requirements for admission to the counseling programs include the following:*

Admissions criteria are similar. However, only 1 letter of recommendation is needed instead of three, and a copy of a valid MI teaching certificate is needed **for eligibility for the endorsement program.**

**School Counselor Endorsement Only**

The School Counselor Endorsement Only program is designed for individuals that possess a Master’s degree in a related education area and a teaching certificate. A 600-hour internship is required for the program. The School Counselor Endorsement Only program does not lead to licensure as a professional counselor (LPC).

Individuals completing this program are eligible for the School Counselor Endorsement to the teaching certificate through the Michigan Department of Education. The 30 credit hour program generally requires 1-2 years to complete. Additional coursework may be required.

**Curriculum**

*School Counselor Endorsement – not eligible for LPC*

*Non-degree program. Must have a Master’s degree in related education area and a teaching certificate. Not eligible for LPC.*

| Level I  | Level II | Level III | Level IV          |
|----------|----------|-----------|-------------------|
| CNS 5120 | CNS 5390 | CNS 5430  | CNS 5850          |
| CNS 5350 | CNS 5400 | CNS 5450  | CNS 6040          |
| CNS 5380 | CNS 5410 |           |                   |
|          |          |           | <b>30 credits</b> |

**School Counseling – Master of Arts (MA) & Licensure as a Professional Counselor (LLPC) & School Counselor License**

The School Counselor License program is available to those who do not possess a teaching certificate but who are interested in working within a school setting as school counselors or guidance directors or in other related capacities. Coursework emphasizes counseling theory, assessment practices, counseling skills and issues specifically related to school counseling. In order to be eligible for the School Counselor License, individuals must have a Master’s degree in School Counseling and take three additional education courses or have a non-school counseling Master’s degree (Community/Addiction Studies) and take the two school counseling courses and three additional education courses.

After the completion of 39 credit hours and successfully passing the Michigan Guidance Counselor Test, students can become eligible to begin employment as a school counselor through the Preliminary Authorization to Work program designed for school counselors. Students then have 3 years to complete their remaining coursework. Individuals are eligible for both professional licensure as a counselor within the state

of Michigan and the School Counselor Endorsement through the Michigan Department of Education. The 57 credit hour program generally requires 2-3 years to complete.

## Curriculum

### Master of Arts in School Counseling – LPC & School Counselor License

For students interested in becoming a school counselor who do not hold a teaching certificate

| Level I  | Level II      | Level III | Level IV          |
|----------|---------------|-----------|-------------------|
| CNS 5000 | CNS 5390      | CNS 5430  | CNS 5850          |
| CNS 5020 | CNS 5400      | CNS 5450  | CNS 5910          |
| CNS 5120 | CNS 5410      |           | CNS 6040          |
| CNS 5320 | CNS 5470      |           |                   |
| CNS 5350 | EDU 5130      |           |                   |
| CNS 5360 | EDU 5160/5170 |           |                   |
| CNS 5380 | EDU 6310      |           |                   |
|          |               |           | <b>57 credits</b> |

## Curriculum

*Post-MA School Counselor Certificate – Non-degree program. Must have a Master’s degree in Counseling. Not eligible for teacher certification.*

| Level I       | Level II | Level III | Level IV          |
|---------------|----------|-----------|-------------------|
| EDU 5130      | CNS 5410 |           | CNS 6040          |
| EDU 5160/5170 | CNS 5450 |           |                   |
| EDU 6310      |          |           |                   |
|               |          |           | <b>18 credits</b> |

### Post-MA School Counselor Certification - Non-Degree Program

#### Admission Requirements

*The requirements for admission to the counseling programs include the following:*

The requirements for admission to the non-degree granting Post-MA School Counselor Certificate program includes the following: an MA in Counseling **from an equivalent graduate Counseling program (granted within the past 15 years)**, a **1-2 page Letter of Intent** that outlines your **personal career goals**, **one Letter of Recommendation written by an employer or former Counseling faculty member**, and an **interview with the Program Director**. **Any gaps in the initial Counseling curriculum may require additional coursework.**

#### Post-MA School Counselor Certification

The Post-MA School Counselor Certificate program is designed for individuals that possess a Master’s degree in Counseling (Community, Addictions, Marriage and Family, or College from a CACREP-accredited institution) and wish to become certified as a school counselor. The 18 credit hour curriculum consists of an intensive focus on the role of the counselor in the K-12 school and the broader context of K-12 education. In addition to traditional coursework in school counseling, a 300-hour internship completed in a K-12 setting is required. The Post-MA School Counselor Certificate program does not lead to licensure as a certified teacher.



## Course Descriptions

Key: CNS=Counseling

*Course descriptions are laid out in the following manner: Course number, title, prerequisites and course description. Each course listed is 3 credit hours.*

### **CNS 5000 Research Methods in Counseling**

This course provides the foundation for preparation of the Master's thesis in Counseling. Historic and current research methods in counseling are examined and literature reviews are conducted. Students will demonstrate a working knowledge of the methodology of research in counseling including selection of research methods, analysis and interpretation of data, and formulation of conclusions and generalizations. Students will complete a comprehensive literature review comprising the initial work towards the Thesis.

### **CNS 5020 Counseling and Human Development**

This course focuses on an in-depth study of developmental processes and learning principles throughout the lifespan. Theory and research relevant to social, emotional, intellectual and physical development are examined. Application of developmentally-based counseling strategies and interventions are explored and utilized.

### **CNS 5120 Introduction to Counseling Theories & Process**

This course presents a comprehensive study and application of the basic theories of counseling. Self-exploration and personal assessment are promoted through individual experiential and group learning activities.

### **CNS 5320 Counseling Special Populations**

Issues surrounding counseling clients from various cultural groups including the disabled, ethnic minorities, the aged, gay/lesbian/transgendered, racial minorities are explored. Current theory in multicultural counseling theory and practical approaches are examined while various awareness-raising experiences are utilized to further promote cultural awareness, sensitivity and competence.

### **CNS 5350 Guidance Principles and Practice**

An historical overview of the professional role and duties of the counselor is examined. Various professional trends, philosophies, and ethical issues are discussed as well as the function of the counselor in a multifaceted institution.

### **CNS 5360 Counseling Services: Organization & Administration**

Course centers around an in-depth exploration of the principles of organizing and managing human service programs. Areas of focus include: hiring and managing human resources, program planning and design, strategic planning, organizational theory, organizational change and program evaluation.

### **CNS 538 Vocational Development & Career Assessment**

An historical and theoretical overview of vocational and career development. Sources of educational and occupational information are discussed. Students are exposed to various career testing and evaluation instruments and their appropriate use in a career case assessment.

### **CNS 5390 Counseling Skills**

Course is designed around an in-depth study of counseling skills and counselor behaviors. Classroom exercises including role plays, application of techniques and examination of process issues that occur within the context of counseling complement learning.

### **CNS 5400 Testing and Evaluation**

An overview of testing and measurement in counseling and education. The psychometric theories of intelligence, achievement and personality are explored and students master basic test administration procedures.

### **CNS 5410 School Counseling: Principles & Practice**

Course focuses on the role and the history of the school guidance counselor. Theoretical as well as practical issues are discussed and interdisciplinary collaboration with other school personnel are explored.

### **CNS 5430 Group Counseling**

Designed for advanced counseling skill development, group dynamics and counseling theories are applied to group work. Group models, formulation, interactions and group evaluation are explored. The class functions as a practice lab to promote experiential learning.

### **CNS 5450 School Counseling: Strategies & Interventions**

Current counseling strategies effective within the school setting are explored and demonstrated. Consultation issues with teachers, administrators, and other school personnel are discussed.

### **CNS 5470 Mental Health and Consultation in Schools**

Designed for school counseling students, course prepares students for addressing and treating a range of mental health issues among school-aged children and prepares students to function as a consultant within the school setting.

### **CNS 5850 Counseling Practicum**

Course is comprised of the application of basic counseling skills in a laboratory setting. Students complete 100 hours of applied counseling with individuals and groups while under direct supervision by a clinical supervisor and a faculty member. Case conceptualization is utilized to present cases while faculty and peers assess skill application.

### **CNS 5910 Research Seminar in Counseling**

*Prerequisites: Completion of minimum of 30 hrs.*

This course builds upon learning accomplished in CNS 5000 through the application of research methods. Students engage in a specific research project in counseling using qualitative and/or quantitative methods resulting in the completion of a master's research thesis.

### **CNS 6040 Internship in Counseling**

The internship is the culmination of the program as the student has the opportunity to practice prior to program completion, under supervision, that particular aspect of his/her field that relates to their major area of study (community, school, addictions counseling). The internship is comprised of a total of 600 hours depending on the student's counseling program area of concentration/track.

**Michigan Educators may be eligible for 60% tuition remission**

## **Admission Deadlines**

| <b>Admission Term:</b> | <b>Due Date:</b> |
|------------------------|------------------|
| Fall                   | June 15          |
| Winter                 | October 15       |
| Summer                 | March 1          |

*All application documents must be received by the college by the due date listed to be eligible for admission.*

**If you have questions regarding the application process, please contact:** Theresa Carson, Graduate Admissions Counselor, at (313) 993-3309 or [carsonta@udmercy.edu](mailto:carsonta@udmercy.edu)

### **International Students:**

Steven Coddington  
(313) 993-3310 or [coddinism@udmercy.edu](mailto:coddinism@udmercy.edu)

**If you have questions regarding the School Counseling Programs at UDM, please contact:** Professor Jocelyn Bennett-Garraway at (313) 993-1227 or [begarrjm@udmercy.edu](mailto:begarrjm@udmercy.edu)

**If you have questions regarding other Counseling programs in the Department, please contact:**

**Community Counseling:** Dr. Nancy Calley at (313) 578-0436 or [calleyng@udmercy.edu](mailto:calleyng@udmercy.edu)

**Addictions Counseling:** Dr. Nancy Calley at (313) 578-0436 or [calleyng@udmercy.edu](mailto:calleyng@udmercy.edu)

**If you have questions regarding the Post-Graduate Certificate in Addiction Studies, please contact:**

**Addiction Studies Certificate:** Dr. Daniel Duryea at (313) 578-0413 or [duryeadg@udmercy.edu](mailto:duryeadg@udmercy.edu)

## University of Detroit Mercy Graduate Programs in Counseling

### Admission Recommendation

Name of Applicant \_\_\_\_\_ Social Security Number \_\_\_\_\_

**Applicant:** This form is to be given to three people who are able to comment on your qualifications for graduate study. They may be professors, employers or supervisors.

My preference regarding confidentiality of this recommendation is as follows:

\_\_\_\_\_ I wish to have access to this letter of recommendation; it will not be confidential and will be incorporated into my application for graduate study.

\_\_\_\_\_ I waive my right of access to this letter of recommendation and request it be incorporated as confidential material into my application for graduate study.

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(Signature)

(Date)

**Note to Recommender:** The person named above is applying for admission to the graduate program indicated and has requested that your evaluation be included as part of the information in which the faculty will base its decision. Under THE FAMILY EDUCATIONAL RIGHTS AND PRIVACY ACT of 1974, this applicant (if admitted and enrolled) will have access to the information provided unless the statement above has waived the right to such access.

Please indicate how long and how well you have known the applicant, and tell what you can of the person's aptitude, emotional adjustment, oral/written expression, personal appearance, and potential for success. Accordingly, our students must exhibit a high level of emotional and social maturity. If you are aware of any weakness in this applicant's social or emotional adjustment that might hamper his/her function within this field, specify this below. Please feel free to use both sides of this form, or an extra sheet, if necessary.

Name \_\_\_\_\_

Title \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Return recommendation to:**

University of Detroit Mercy  
Admissions Office  
4001 West McNichols Rd.  
FAC 100  
Detroit, MI 48221-3038

**Please photocopy this sheet for additional recommendations.**

