

University of Detroit Mercy

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Scholarship

Paper Presentations:

White, M. L., et al. *Examining the effectiveness of two solutions used to flush capped pediatric peripheral lines at Children's Hospital of Michigan.* Poster session presented at Sigma Theta Tau's 18th International Nursing Research Congress Focusing on Evidence-Based Practice, July 13, 2007, Vienna, Austria.

White, M. L., & Groh, C. J. *Depression and quality of life in women after a myocardial infarction.* Poster session presented at University of Detroit Mercy's Research Day, April 2007, Detroit, MI.

White, M. L., et al. *Examining the effectiveness of two solutions used to flush capped pediatric peripheral lines at Children's Hospital of Michigan.* Poster session presented at University of Detroit Mercy's Research Day, April 2007, Detroit, MI.

White, M. L., et al. *Examining the effectiveness of two solutions used to flush capped pediatric peripheral lines at Children's Hospital of Michigan.* Poster session presented at Wayne State University's Nursing Research Day, March 2007, Detroit, MI.

White, M. L., et al. *Implementing a change: Switching from heparin to saline in pediatric peripheral lines.* Poster session presented at University of Windsor's Research Day, October, 2006, Windsor, Ontario, Canada.

White, M. L., et al. *Implementing a change: Switching from heparin to saline in pediatric peripheral lines.* Poster session presented at RN-AIM's 1st Annual Research Conference, September 2006, Holland, Michigan.

White, M. L. *The evolution of a first myocardial infarction: a female perspective.* Oral presentation given at Michigan Council of Nurse Practitioners' 4th Annual Conference, March 13, 2005, Dearborn, Michigan.

Guest Lecturer:

White, M. L. *Examining the effectiveness of two solutions used to flush capped pediatric peripheral lines at Children's Hospital of Michigan.* Guest lecturer in NUR 7018 at Wayne State University, July 2007, Detroit, MI.

White, M. L. *Mishel's Theory of Uncertainty.* Guest lecturer in NUR 502 at the University of Detroit Mercy, February 2007, Detroit, MI.

White, M. L. *Examining the effectiveness of two solutions used to flush capped pediatric peripheral lines at Children's Hospital of Michigan.* Guest lecturer on evidence based practice in NUR 8040 at Wayne State University, October 2006, Detroit, MI.

White, M.L. *Nutrition: guidelines for everyday eating.* Guest lecturer UDM's Staff Development for University Libraries/IDS, August 2005, Detroit, Michigan.

Publication:

White, M. L., & Groh, C. J. (2007). Depression and quality of life in women after a myocardial infarction. *Journal of Cardiovascular Nursing: 22*(2); pp 138-144.

Honors/Awards:

May, 2007: Received monetary scholarship from Sigma Theta Tau, Lambda Zeta Chapter, to attend 18th International Nursing Research Congress Focusing on Evidence-Based Practice.

March, 2007: Received monetary scholarship from School of Nursing, Wayne State University, to attend the MNRS Conference in Omaha, Nebraska.

Nurse Expertise:

Summer, 2005: Participated in the National League for Nursing (NLN) and Professional Examination Service (PES) for Practice Analysis Workshops on Pathophysiology and Pharmacology, which included six national conference calls. The culmination of the project was graduate-level examinations in Pathophysiology and Pharmacology, to be used nationwide as a measurement tool for nurse practitioners.

Professional Experience:

Academia:

2004 – Present University of Detroit-Mercy Detroit, MI
Instructor, McAuley School of Nursing

- Taught Advance Med/Surgery, both didactic and clinical; lecturer for Pharmacology; Pathophysiology; Physical Assessment; and Evidenced Based Culturally Competent Care.
- Taught graduate level Advance Pathophysiology to Nurse Educator, Nurse Practitioner, and Physician's Assistant students.
- Taught as clinical instructor on a nephrology/hemodialysis unit at Sinai-Grace Hospital.
- Chairperson of Awards and Scholarship Committee, and Co-chairman of Quality Process Improvement Committee, McAuley School of Nursing.
- Academic advisor to transfer students in RN/BSN program.

2002 – 2004 University of Detroit-Mercy Detroit, MI
Adjunct Faculty, McAuley School of Nursing

- Taught clinical lab in medical-surgical nursing
- Taught as clinical instructor on a medical-surgical/orthopedic lockdown unit at Sinai-Grace hospital
- Clinical preceptor to eight students during the final phase of their baccalaureate program
- Attended data entry course at Sinai-Grace hospital and introduced all clinical students to electronic charting
- Taught NCLEX workshop for English as a Second Language students
- Instructed students in a physical assessment course, including lecture and didactic, for RN-BSN program
- Faculty position at McAuley Nurse Managed Center, primary care as practicing part-time NP, practicing as Certified Family Nurse Practitioner for the underserved and impoverished.

2000 –2002 University of Detroit-Mercy Detroit, MI
Graduate Assistant

- Enrichment of at-risk student
- Taught remedial class for passage of ERI examinations
- Organized and taught NCLEX workshop

Non-Academia:

2007 University Health Clinic, University of Detroit Mercy Detroit, MI
Nurse Practitioner

- Providing primary care to college students from diverse cultural backgrounds.
- Diagnosis, treatment, and referral for health issues across the medical spectrum.
- Educational programming to encourage healthy lifestyle activities to student population.

Summer, 2006 Dr. Mark Zahoury, DO, Internal Medicine Troy, MI
Nurse Practitioner

- Evaluation and management of adult complex patient care in an internal medicine practice.
- Health promotion and education to help patients understand their current diagnosis and prevent future health issues.
- Coding and billing of patient forms.

1991 - Present Birmingham Family Practice Birmingham, MI
Nurse / Manager

- Hiring and training of office staff
- OSHA and MIOSHA compliance
- Client care and scheduling

1989 – 1990 William Beaumont Hospital Royal Oak, MI
Cardiac Catherization Laboratory

- Developed and implemented job description and position
- First staff nurse to be permanently assigned to the lab
- Preoperative and postoperative patient care and scheduling
- Liaison between cardiac cath lab and the CCU for transitioning patients from one unit to another
- Participated in first valvuloplasty performed on a seven months' pregnant patient
- ACLS certified

1985 – 1989 William Beaumont Hospital Royal Oak, MI
Staff Nurse / Charge Nurse

- Staff management position on a cardiac step-down unit for post open-heart surgery patients
- Continuation of duties on a part-time and then contingent basis
- ACLS certified

1982 – 1985 William Beaumont Hospital Royal Oak, MI
Staff Nurse / Charge Nurse

- Staff nurse position on a cardiac step-down unit for post open-heart surgery patients
- Advanced from staff nurse to preceptor to charge nurse
- ACLS certified

1981 – 1982 St. Joseph's Mercy Hospital East Mt. Clemens, MI
Shift Charge Nurse

- ICU/CCU combined unit
- Experience in pediatrics, neurology, and neuro-ICU medical management
- ACLS certified
- Neuro-seminar certification

1980 – 1981 Pontiac Osteopathic Hospital Pontiac, MI
Staff Nurse

- Began at GN level, transferred to ENT unit, then to Medical/Surgical unit
- Promoted to charge nurse
- ACLS certified

Community Service:

Mercy Primary Care – Pontiac, Michigan: Volunteer as a nurse practitioner when called upon.

Senior Fair Workshop – Detroit, Michigan: Volunteer as a nurse practitioner with graduate FNP students to provide medical care for over 200 senior citizens from all over southeast Michigan.

Commissioner, City of Huntington Woods, Michigan: November, 1995 to present

Mayor Pro-Tem, City of Huntington Woods, Michigan: November 2002 to present;
November 1998 to 1999.

National League of Cities Member: November, 1995 to present

Michigan Municipal League Member: November, 1995 to present

Michigan Women in Municipal Government Member: November, 1997 to present

City of Huntington Woods Tree Board, Commissioner Liaison: November, 2004 to present

Treasurer: International Academy P.T.I.A., Bloomfield Hills, MI

Past President: Huntington Woods Babysitting Co-op.

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1996 – 1998 University of Detroit-Mercy

Detroit, MI

- BSN
- Graduated Summa Cum Laude

1978 - 1980 Macomb Community College
RN – Associate Degree

Clinton Twp, MI